



# Safety



[www.bcu.org.uk](http://www.bcu.org.uk) ☎ 0115 982 1100

On behalf of the **National Water Sport Centre, British Canoe Union and Sport England**, we would like to remind you all of the basic precautions and rules that should be observed by **ALL** competitors and officials.

1. All persons on the water in canoes and motor boats **must** be able to swim at least 50 metres.
2. All craft must have integral buoyancy and be water-worthy.
3. Those on the water should be suitably dressed for the conditions prevailing at the time of the event. There may be times when this includes the wearing of buoyancy aids so please bring them with you.
4. The craft circulation rules shown in the programme should be adhered to at all times.
5. Team Leaders are responsible for ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
6. All competitors are advised to shower after using the Regatta Course. All cuts and abrasions should be covered with waterproof plaster. Please read the NWSC guide to water related illness, available from the Reception desk.

[www.nationalwatersports.co.uk](http://www.nationalwatersports.co.uk) ☎ 0115 982 1212

<b>Boat Weights</b>			
<b>K1</b>	<b>12kg</b>	<b>C1</b>	<b>16kg</b>
<b>K2</b>	<b>18kg</b>	<b>C2</b>	<b>20kg</b>
<b>K4</b>	<b>30kg</b>	<b>C4</b>	<b>30kg</b>

**Results Services** – £3 for your copy of the results is available from the Regatta Secretary's desk and will be forward to you by post after the event.



### Nottingham Police HQ

Sherwood Lodge, Arnold, Nottingham, NG5 8PP

Tel: 0115 967 0999

## Community Crime Prevention Security Notice



We would like to remind everyone of security procedures:



- Do not leave your belongings unattended.
- Do not leave your vehicle unlocked.

If you see anyone acting suspiciously, please report this immediately to Reception or any member of staff.



### **SRC Announces Prize Funds for Top BCU National Championships Single Race Man's A K1, Woman's A K1 & Man's A C1, 200m, 500m & 1000m races will all have a first place prize of £100.**

The SRC is delighted to announce cash prizes for our senior single races at the BCU National Championships. We wish to attract the biggest and best entries each year and an extra incentive may well make a difference to those considering racing.

After a terrific season in 2010 we have a World Champion, European Champion, World Championship medallists, multiple World Cup medallists and of course we are still proud to include the reigning Olympic 1000m men's champion within our national team. In terms of racing standards we are in the strongest position that we have ever been. We want to maximise race entries for every class at the BCU National Championships and we sincerely hope that all paddlers will welcome this extra incentive.

This also provides an opportunity for sponsors to fund the prizes and be associated with the premier races.

What do you need to do to win? Well enter and prove that you are the very best we have this year in these classes. We ask all top paddlers to make the BCU National Championships the highlight target of their racing in the UK for 2011.



The BCU Sprint Racing Committee

## BCU Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risks.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be **current** comprehensive members of the British Canoe Union expert for juniors ranked in 'Girls D' or 'Boys D' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements. **Particular attention is drawn to safety requirements**, especially the need for adequate buoyancy in all boats.

**Sufficient fixed buoyancy must be securely fitted to all boats they are allowed on the water.** Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for membership for Juniors of a **BCU Affiliated Club**. A junior club member need not be a full member of the BCU in order to race in Junior D & Lightning Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number. Should he or she be promoted however, to 'C or above, he or she must then become a full member of the BCU in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full BCU Number.





## **Duty of Care – ADEQUATE BUOYANCY and SAFETY at NATIONAL REGATTAS**

Team Leaders and paddlers are reminded that, should the weather conditions on the Course Lake prove inclement, it may become necessary to introduce the *mandatory wearing* of Buoyancy Aids/Life Jackets for some or all paddlers. In such circumstances competitors will not be allowed to go afloat without Life Jackets/Buoyancy Aids that conform to the standard of the ICF (*International Canoe Federation*) or EN 393 & EN395

Furthermore the BCU Sprint Racing Competition Rules require that all kayaks and canoes must remain buoyant when filled with water as detailed in the BCU Racing Handbook.

Team Leaders should ensure that paddlers always bring Buoyancy Aids/Life Jackets and have the correct buoyancy fitted in their boats.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats. Sufficient buoyancy must be securely fitted to all boats before they are allowed on the water."

**Safety rules in the BCU Racing Handbook (pages B8 & B9):-**

"that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsize."

Buoyancy will be checked by both systematic and random inspections at launching point. If a boat is found to have insufficient buoyancy, it will be turned back".

What to do if anyone takes a swim (capsizes) and you think you may have an infection or flu-like symptoms - go to your doctor and tell him/her you are a canoeist and there may be a risk of Weil's Disease/Leptospirosis that must be swiftly diagnosed and treated. Please report any cases of these two to the BCU Office ☎ 0845 370 9500

**EVERYONE CAN HELP & WANTED** Once again it is time to appeal to the clubs for more assistance in the running of the national competitions. A few people do most of the work

prior to the event, but more pairs of hands are needed on the course whilst events are in progress. Please encourage members of your club to offer their help. If you are one of the bigger clubs it would seem fair that more helpers should be forthcoming from you. Please, even if you can only do a few hours each time, that would be a very big help, because without it the programme may be curtailed. My team is always looking for new members and we've introduced a "Buddy" system. So come forward and offer to help – don't complain, help to change.





## Towpath Code for Cyclists

***The National Water Sports Centre allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling can be hazardous so watch out for pedestrians, service vehicles, muddy slopes etc and please be sure to follow the NWSC Code.***

1. Do not ride fast and never race along this towpath
2. Take special care if dogs or other animals are present
3. Track surfaces may be uneven or wet, so watch out for holes, bumps and muddy or slippery patches
4. Ride in single file and not in more than groups of four
5. Always be prepared to stop, dismount and push your bicycle past walkers, particularly when families and young children are present
6. Your bicycle must be fitted with a bell or hooters which you should use to alert other people of your approach, particularly if approaching from behind
7. Always slow down when approaching walkers or anglers. If the path is narrow, it is safer to everyone if you dismount and wheel your cycle past
8. Cyclists etc, must give way, **at all times**, to pedestrians and service vehicles
9. Minimise path erosion by not skidding. Always keep to the path – never cycle on the verge
10. Be especially careful when returning to public roads
11. Check at access points and as you continue whether the path condition is safe and not wet and muddy
12. The towpath is not suitable for organised cycling events (e.g. sponsored rides) but permission might be granted in some cases. Consult the NWSC Office
13. Cyclists are strongly advised to wear an approved safety helmet. Other safety clothing, eg knee / elbow protectors and gloves is also recommended.
14. Follow the cycle code

***You are responsible for your own safety!***

## **BCU Regatta Course Safety Instructions & Information for all Competitors and Umpires**

The BCU Sprint Racing runs under BCU Sprint Racing Competition Rules & the NWSC Safety Code for canoeing.

The regatta will endeavour to provide a safe environment within the Water Safety Code although competitors and coaches are specifically reminded that persons using the lake and the adjoining river do so entirely at their own risk and are solely responsible for:

- Their own safety.
- Ensuring that their boats are safe and are prepared to the standards required by the BCU Water Safety Code and the national rules of Racing. Any boat that fails to meet the standard shall be excluded.
- Strict observance of the circulation pattern (see below) and the Water Safety Code.
- Deciding, together with their coaches, whether or not they are competent to use the lake in the prevailing weather conditions.

### **Clubs and competitors are also reminded that they must: -**

- Only practice while safety boat on the course.
- Not practice in the race area.
- Make their own safety arrangements before and after the day's racing.
- Canoes that wish to train on the River must make their own safety arrangements. They must also ensure their boat is licensed to be on the River and follow the rules of the river.
- Ensure that all roadways and access routes are kept clear at all times and that they should not park in the Finish/Presentation Stage area. Paddlers should be especially vigilant in the boating/boathouse areas.
- Report all accidents to the Regatta Office.
- Paddlers must display the correct Lane Number.
- Paddlers must wear the correct racing vest/top.
- All paddlers must paddle to the start line **SLOWLY** down next to **Lane 1** to the Starting Line and be very careful, and clear the finish area and lake quickly and safely; you may NOT warm-down in this area.
- Results and Draws will be published inside the main building at the bottom of the stairs by NWCS reception.

### **Failure to comply with these rules may lead to the removal of the paddlers or club from the Event.**

#### **Points of Danger**

- Great care should be taken when using the starting boats. Note that the pontoon nearest the Finish Tower is only for Umpires and NWSC-Motor Boats.
- Paddlers must be aware of the potential danger of being blown by the crosswind and capsizes. Paddlers are advised to stop close to the bank.
- Paddlers must take particular care of the stake-boat mooring cables beside the start lines.
- Paddlers must particular care while on the lake.
- Paddlers must take particular care in the finish area to avoid collisions with other canoes that have just finished, have been warming down or that are returning from the presentation area.

#### **Warming up on Course Lake:**

Please ensure that none of your paddlers uses the lake at all until effective safety cover is in operation by the motorboat team. The regulations mean that no paddling is permitted without appropriate safety boats. We plan to have this in place from 08:00 hours on Saturday. On Sunday cover should commence from 30 minutes prior to the first race until the end of the last race. Please ensure that all competitors are aware of the new rule.

#### **Proceeding to the start points:**

All boats to proceed slowly alongside Lane 1 going down the course and past the Start Line point. And to arrive past the line of Blue Buoys (100 metres above each start line) 5 minutes before "RACE TIME". Listen for race number to be called. Remember race time is shown on the TOD Clock. If a paddler misses its slot, may not be allowed to race.

#### **Start:**

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have been some changes to the BCU for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

In essence this means be at the start in good time, do not paddle too far away, stay within reach of the blue buoys (100 metre line), and get yourself lined up behind the correct lane. Listen for your race number to be called and remember that Regatta Time is shown on the TOD Clock (on the bank next to the start hut). If a paddler misses their start slot they may not be allowed to race. THE STARTERS WILL NOT WAIT.

#### **Boat Control:**

This will continue on a random basis at all BCU National Canoe Sprint racing regattas events will, in addition, be subject to the usual weighing of the first few boats in all (National Championships) finals.

#### **Warming down on Course Lake:**

All paddlers may warm down by carefully turning below the Finish Line and proceed back to the start line **SLOWLY** down next to **Lane 1**.

#### **NWSC Motor Boats:**

There are NWSC motor boats on the course during racing and the first duty of the umpire and the umpire's launch is to safety of the competitor or any person in difficulty.

#### **Cycling, Skating, Rollerblading:**

Cycling, skating, rollerblading etc, is prohibited in all Regatta enclosures in the main boating areas and down the side of Lane one. Cyclists etc, must give way, **at all times and towpath code for cyclists**, to pedestrians and service vehicles of the Regatta and display hazard lights.

#### **General Information:**

**Trade Stands-** Duty Manager [NWSC] to collect charges and issue a VAT receipt.

Anyone found camping in tents, motor homes, caravans or vans anywhere other than the campsite WILL BE REMOVED. Note this is due to the camping licence only including the campsite and ski tow camping area.

They are in breach of the licence if they allow camping on the main centre site. Please can you pass this information to all competitions and officials.

#### **Accidents and Emergencies:**

All accidents and emergencies must be reported to a Regatta Official as soon as is practicable. The Official will summon medical support if necessary and will summon any additional support that may be required. The Official will also ensure that the Regatta Organiser / Chief Official and Main Reception Centre are aware of the incident. A written Incident Report MUST be completed by the Team Leader of the appropriate club(s) for all accidents, collisions or capsizes.

#### **Medial Support:**

The Main Reception can be contacted Reception Office ☎ 0115 982 1212, next to Boathouse/Regatta Secretary Desk or any Regatta Official radio during racing. A Duty Officer of the NWSC is on call during racing day, contactable through the Centre Reception.

During racing hours will provide medical and first aid facilities at the Main Building. Medical facilities are indented to cover emergencies only.

#### **Emergency numbers:**

Emergency Services  
Police, Nottinghamshire Authority  
NWSC Reception Office NHS  
Direct

☎ **999**  
☎ **0115 977 3078**  
**Email [npa@nottinghamshire.pnn.police.uk](mailto:npa@nottinghamshire.pnn.police.uk)** ☎  
**0115 982 1212**  
☎ **0845 4647**

#### **National Water Sports Centre:**



**Adbolton Lane**  
Holme Pierrepont  
Nottingham  
**NG122LU**



[www.nationalwatersportsevents.co.uk](http://www.nationalwatersportsevents.co.uk)

## GUIDELINES FOR USE OF PHOTOGRAPHIC & FILMING EQUIPMENT

Whilst the BCU recognises that publicity and pictures/ recordings of young people enjoying Paddlesport are essential to promote the sport and a healthy lifestyle, the following guidelines should be observed.

### The key concerns regarding the use of images of children and young people relate to:

- The possible identification of children when a photograph is accompanied by personal information.
- The inappropriate use, adaptation or copying of images for use on child pornography or illegal website.
- The taking of inappropriate photographs or recorded images of children.

### Guidelines for Photographic/ Recorded Images

- Ensure parents/ guardian/ young person have granted their consent for the taking and publication of photographic images.
- All children featured in recordings must be appropriately dressed with outer clothing garments covering torso from at least the bottom of their neck to their thighs (i.e. a minimum of vest/ shirt and shorts).
- The photograph or recording should focus on the activity rather than a particular young person and personal details, which might make the young person vulnerable, such as their exact address, should not be revealed.
- Clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions however care should be taken in the dissemination and storage of the material.
- You should not use any images of a child or young persons who is the subject of any court order or who has denied you their consent.
- Parents and spectators taking photographs/ recordings should be prepared to identify themselves if requested and state their purpose for photography/ filming.
- Any instances of the use if inappropriate images should be reported to the Club, BCU or the Police.

### Guidelines for Publishing Photographic/ Recorded Images

- If a photograph is used, avoid naming the child by using their first name only. Personal details of children such as an email address, home address and telephone numbers should never be revealed on a website or in print.
- Think about the level of consideration that you give to the use of images in all publications, for example the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites.

Become a  
volunteer  
in Sprint  
Racing

Talk to Regatta  
Official

Guaranteed work  
placement seat

A tailored  
volunteer path

High trainee  
motivation rates

Intermediate  
responsibility

Cutting edge  
helper's

Great Choice  
Great Volunteer  
Great Rewards  
Great Life

Don't  
Talk to  
anyone!

Find a Job  
somewhere else



Make the right choice



Volunteer from these Club this year

ADS, BAN, CHE, ELM, LBZ, TRE, TON, NOR, NOT, WEY, WOK, WOR

# BCU National Canoe Sprint Racing Regatta

4 & 5 June 2011

## Location/Area/Zone

Event Organiser  
Regatta Treasurer  
Registration of Paddlers  
Club Colours  
Team Leaders Meeting



Assisted by Sarah Swallow  
Chief Official Cathy Wynne  
Asst Chief Official Rosy Gray



24753 Top of the Tower

Flag/Asst Chief Martin Brooks(am) Sat Ann Hoile(pm) Sun Wendy Dodson(pm)

24751 Photo Finish

Saturday Brian Hardy, Clive Neale, Diane Bates

24759 Scoreboard/Manual

Sunday Brian Hardy, Clive Neale, Diane Bates

24750 Commentary

Saturday Elaine Murray, Carol Hardy

Sunday Elaine Murray, Carol Hardy

24749 Line Judge

Saturday Wendy Dodson, Ann Hoile(am) Liz McGown, Teresa Bland(pm)

Sunday Ann Hoile Wendy Dodson(am) Sarah Swallow Peter Bland(pm)

Secretary's Desk

Saturday Kari Martin, (Liz McGown, Teresa Bland am/only) Wendy Dodson(pm)

Sunday Kari Martin, Sue Middlehurst, Hannah Cawthorn? Teresa Bland

24761 Computer Room  
Draws Computer

Saturday Joyce, Paul, Liam & Phillipa Sunderland

Sunday Joyce, Paul, Liam & Phillipa Sunderland

Promotion/Demotion  
Certificates & Awards

Linda Heath, SRC Roland Lawler

24760 Paddability Cabin

Sunday Peter Moule, Peter Morley

Safety Boat

Saturday Barry to organise please

Sunday Please organise amongst yourselves

24753

200m Gordon Wycherley, Sarah Swallow, Peter Bland, Pete Moule

24756

500m Gordon Wycherley, Liz McGown, Pete Moule, Peter Bland am

24755

1000m Gordon Wycherley, Sarah Swallow, Peter Bland, Pete Moule

Boat Control

Team One John Hoile, Phillip Terry (Sat), Mike Moran (Sun)

Team Two Keith Lawrence, Stafford Poole

Umpires

Barry Murray, David Deacon, Malcolm Guy, Phillip

Terry (Sun only)

Boats 200m 2x2=4 drivers, 500m 2x3=6 drivers, 1000m 2x4=8 drivers

Neville Sunderland, Philip Hughes, Lee Bradshaw, Phil Linnell,

Saturday

Keith & Carl Sunderland, Derrick Dobbie

Neville Sunderland, Philip Hughes, Lee Bradshaw, Keith

Sunday

Stone, Phil Linnell, Keith Sunderland, Derrick Dobbie

Drivers to organise please

Ian Creamer, Mike Martin, Andy Dodson

24748

First Aid

Paula Cawston & Deboarh Wilkes

"Afternoon Tea time"



Lemon Curd Swiss Roll

Any changes please tel: Ann Hoile 01525 379921

T= Trainee

Refreshments: Tickets will be with Linda Heath. Please sign as you take them.



## Community Crime Prevention Security Notice:-



We would like to remind everyone of

security procedures: \* **Do not leave your belongings unattended.** \* **Do not leave your vehicle unlocked.** If you see anyone acting suspiciously, please report this immediately to Reception ☎ 0115 982 1212 or any member of Centre staff.

My fellow Team Leaders,



Click for Kings Express

**K4 Shed and boats you will need to collect from Bay No2 which is the one adjacent to the NWSC Waterman's office, thus keeping this outside space clear from ALL vehicles.**

Welcome are third BCU National Canoe Sprint regatta of this year, with only 429 days to go Olympic Games. Please read Alan Williams, National Performance Manager report.



## Background Information to promotions/demotions.....

Over many years promotions / or demotions at national regattas have been undertaken by a manual system run by a team of volunteer regatta officials volunteers. This system takes account of weather conditions during the weekend, conditions which can change during the course of each day, the times of paddlers in the senior 'A' classes (as a benchmark) and the BCU Racing Standards page in the handbook. This is a sophisticated process and is managed very carefully though is not immune to the vagaries of human error - no fail-safe high tech system exists but all promotions / demotions have to be ratified by the BCU Sprint Racing Committee nominee. We are always on the lookout for new volunteers to help with this or any other role in the running of regattas.

**PLEASE NOTE:** To be considered for selection to the Paracanoe Sprint Team competitors **MUST** be competing in Paddle-Ability events.

**Congratulations,** too just under 60 young paddlers who got promoted last month and had a super canoe sprint weekend. Certificates for promoted junior paddles will be presented by SRC Chairman, Peter Moule, on Sunday at 1pm at the bottom of the tower area. Please make sure all your paddlers attend.

*"Our challenge is to successfully manage both the requirements of canoe sprint racing and the long term regeneration of canoe sprint racing. Achieving both of these will bring fantastic opportunities for the whole of the UK."*

**Paddlers Post** - Could you ask some of your club paddlers/parents to contribute to the "Paddlers Post". They must have something of interest to pass on. Simply email:

[annandjohn@hoile.plus.com](mailto:annandjohn@hoile.plus.com)

**Cancellation, Fees** - Just a reminder: In the event of calculation of part of or the whole of the competition owing to inclement weather or other unforeseen circumstances there will be no refund of race fees.

**Job Opportunities** The BCU Regatta Organising Committee is searching for volunteers to help at regattas. Vacancies include **Umpires, Refreshments, Starters, K4 Boat Shed, Drivers, etc,** working with others in our current team. We are looking for people with the necessary attributes to become a regatta official and who are prepared to make a voluntary contribution back into the sport. Benefits include on-the-job training, refreshments, and the opportunity to attend a training weekend/annual dinner in November. It would look great on your personal CV and your skills do count - every little help does make a difference. My team is always looking for new members and we've introduced a "Buddy" system. So come forward and offer to help - don't complain, help to change.

**Number Boards** - A plea! Please help us and your club paddlers by making sure that all boats carry a number in all races. Sadly quite a number failed to do so at the last regatta. Not only does this make it very difficult for officials at the finish but penalty points will have been incurred.

**Wooden Shields** - For sale New wooden boards have been made for the **Tiddly Winks** awarded to junior paddlers who come in the first three places in Final 1 only. The buttons can be fixed to the boards making a display. These are available from the Regatta Secretary's Desk at a cost of £5.00 each.

**Lane Number Boards FOR SALE** -Sprint racing lane number boards(1to9)are available from the Regatta Secretary's Desk **£20.**

**Team Leaders [B11]** - Each club must nominate one representative to deal with alterations and late entries at the meeting. This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4:00pm on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

A copy of the circulation plan can be found in the printed programme.

**BCU Regatta "Liability" Statement** Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases competitors compete entirely at their own risks.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.



All competitors must be **current** comprehensive members of the British Canoe Union expert for juniors ranked in 'Girls D' or 'Boys D' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements. **Particular attention is drawn to safety requirements**, especially the need for adequate buoyancy in all boats. **Sufficient fixed buoyancy must be securely fitted to all boats they are allowed on the water.** Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

### **Duty of care - ADEQUATE BUOYANCY & Safety at BCU National Regattas**

Team Leaders and paddlers are reminded that, should the weather conditions on the Course Lake prove inclement, it may become necessary to introduce the **mandatory wearing** of Buoyancy Aids/Life Jackets for some or all paddlers. In such circumstances competitors will not be allowed to go afloat without Life Jackets/Buoyancy Aids that conform to the standard of the ICF (*International Canoe Federation*) or EN 393 & 395

Furthermore the BCU Sprint Racing Competition Rules require that all kayaks and canoes must remain buoyant when filled with water as detailed in the BCU Racing Handbook.

Team Leaders should ensure that paddlers always bring Buoyancy Aids/Life Jackets and have the correct buoyancy fitted in their boats.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats. Sufficient buoyancy must be securely fitted to all boats before they are allowed on the water." **Safety rules in the BCU Racing Handbook (pages B8 & B9):-**

"that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsize."

Buoyancy will be checked by both systematic and random inspections at launching point. If a boat is found to have insufficient buoyancy, it will be turned back". **What to do** if anyone takes a swim (capsizes) and you think you may have an infection or flu-like symptoms - go to your doctor and tell him/her you are a canoeist and there may be a risk of Weil's Disease/Leptospirosis that must be swiftly diagnosed and treated. Please report any cases of these two to the BCU Office ☎ 0845 370 9500

**Towpath Code for Cyclists** - The National Water Sport Centre allows cyclists to use the towpath on sides of the regatta course when weather conditions permit and at their own risk. Cycling can be hazardous so watch

out for pedestrians, service vehicles, muddy slopes etc and please be sure to follow the NWSC Code. Your attention to the program. You are responsible for your own safety!

**BCU System for membership for Juniors of a BCU Affiliated Club.** A junior club member need not be a full member of the BCU in order to race in Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number. Should he or she be promoted however, to 'C' or above, he or she must then become a full member of the BCU in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full BCU Number. Upon promotion to "C" Class there is a period of grace of **4 weeks** during which a junior, racing with a registered junior section card, must become an individual comprehensive member of the BCU/WCA/SCA/CANI.

**BCU Regatta "Liability" Statement** Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases competitors compete entirely at their own risks. Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be **current** comprehensive members of the British Canoe Union expert for juniors ranked in 'Girls D' or 'Boys D' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements. **Particular attention is drawn to safety requirements**, especially the need for adequate buoyancy in all boats. **Sufficient fixed buoyancy must be securely fitted to all boats they are allowed on the water.** Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

**Late entries** - Just a reminder: late entries for ALL laned events must be made at the Team Leaders' Meeting. Entries will NOT be accepted at the Regatta Secretary's Desk once the TL Meeting has closed, (as per the Racing Handbook, section under the BCU Sprint Racing Rules).

**Feedback** [peter.c.morley@btinternet.com](mailto:peter.c.morley@btinternet.com) If you have any ideas or suggestions, please do not hesitate to make them known to any of the Officials. All comments will be considered. BCU National Regatta Organiser Peter Morley 17 Springfield Road, Guildford Surrey GU1 4DW ☎ 01483 571996



## Senior World Cup II in Racice, Czech Republic

The second World Cup of the 2011 season was held at Racice in the Czech Republic over the Weekend 20<sup>th</sup> – 22<sup>nd</sup> May 2011. The Racice regatta course is about an hour north of Prague and great competition course.

The ICF moved the dates of the third world cup giving us two back-to-back competitions on consecutive weekends. This meant that most of the team would stay on after the regatta and travel on to the third and final world cup in Duisburg. This was the first international event this season for our senior women and canoes.

Our flights out to Prague were with British Airways. The group check in at Heathrow T5 was easy for most of the team but people had to use the assisted check in as the system registered them as already checked in. It can be difficult if people arrive early and use the automated check in desks and disappear through to departures without telling anyone they have check in. After a short flight we were met at Prague and the transfer to the hotel was easy.

Our team stayed at Melnik a small town about 30 minute from the regatta course. The hotel was basic but fine. Dinner on the first night was a little on the small side for athletes but after that it was better. Breakfast was very good and the lunch meals were taken at the regatta course.

The organisation of the regatta was very good with things generally running on time. The draws and the results service were punctual and results were also available on line. The only negative about the regatta course is that there are no boat sheds and very little shade. Small team areas were provided but tents or gazebos for shade are essential.

The weather was warm throughout the weekend. There were a few very short windy periods but the main challenge was to keep out of the sun.

There were 500 + competitors from 45 Countries competing at this world cup which was much larger than Poznan. The GBR team had 16 boats racing in the main competition and 2 boats in the 5km races.

The team made final in 6 of the 12 Olympic events and took medals in all of these. The team also made 8 x B Finals. In the distance events we had 2 entries, Lani won her 5km event and James finished 6<sup>th</sup>.

In the 1000m events all of our boats had good races in the heats and progressed on to the semi-finals. In the semi finals the racing is always tough. Both Tim and the K4 just missed out on the finals. Later it was to become apparent that Tim was not 100% and would need to return home for tests. Tom Hide and Ed Rutherford were entered in both the K2 1000m and 500m events they a series of good races finish well up in the B Finals in both events and gaining a PB time in the K2 1000m. In the C1 1000m Both James and Matt progressed through the heats and semi finals. They both qualified for the B Final where they finished 5<sup>th</sup> and 6<sup>th</sup>. There were several nations with double entries in this event which obviously makes qualifying for the A Finals that bit harder.

In the Olympic events Ed Mckeever was again on form winning gold in the K1 200m. This was a really tight race with the Russian paddler Victor Zavolskiy with Ed pushing past right on the line. Our Men's K2 200m (Liam & Jon) again chased the French world champions right to the finish line again taking the silver medal. Our Women's team were racing at their first event this year. They had a fantastic regatta with every member of the squad winning a medal. The K4 crew (Abigail Edmonds, Jess Walker, Louisa Sawers and Hayleigh Mason) did a great first race going directly to the final. In the final they beat some strong boats to finish in the silver medal position. In the K1 500m Rachel had though heats and semi finals, in the final she came from behind to snatch the Bronze medal. Jess looked really strong in the heats of the K1 200m she then had great races in the semi's and finals winning the bronze medal giving her two medals in Olympic distance events. In the WK2 500m (Lani and Angela) dominated their heat and semi finals winning both races easily. In the final they had a shaky start but then powered through the field to take the Bronze medal.



***"To be the number 1 Olympic canoeing nation with success and depth of excellence at every level"***

The British Canoe Union is registered in England as a company limited by guarantee without a share capital. Registered office: 18 Market Place, Bingham, Nottinghamshire, NG13 8AP. Registered company number 152 54 84. VAT no 347 364441. This email and its attachments may be confidential and are intended solely for the use of the individual or individuals to whom it is addressed. Any views or opinions expressed are solely those of the author and do not necessarily represent those of the British Canoe Union or Canoe England. If you are not the intended recipient of this email and its attachments, you must take no action based upon them, nor must you copy or show them to anyone. Please contact the sender if you believe that you have received this email in error.

# BRITISH CANOE UNION

**Alan Williams National Performance Manager**, 8 Westmont Rd, Hinchley Wood, Surrey, KT10 9BD Tel:020 8398 3818

Ranking:

- Overall the GB Team finished 5<sup>th</sup> in the national rankings for this World Cup competition.
- Our men's Kayak team were ranked 4<sup>th</sup> just 1 point from third place.
- Our Women's team were ranked 1<sup>st</sup>. This is the first time a GBR team has taken the top ranked place at a World Cup competition. Well done to the girls, the coaches and the support team.

A table of the GBR results is attached and a full breakdown of the results is available on the competition web site: [www.racice2011.com](http://www.racice2011.com)

Alan Williams. National Performance Manager.

## Racice Czech Republic World Cup 11

Name	Event	Heat	Semi Final	Final	Winner	Time	Place
Tim Brabant's	K 1 1000m	2 <sup>d</sup> 3.37.63	4 <sup>th</sup> 3.34.68	<b>B 9<sup>th</sup> 4.06.89</b>	EN	29.22	13 <sup>th</sup>
	L 1 1000m				SA	57.90	
J Train	C 1 1000m	4 <sup>th</sup> 4.08.03	6 <sup>th</sup> 4.08.46	<b>B 5<sup>th</sup> 4.10.74</b>	AN	53.17	14 <sup>th</sup>
M Lawrence	C 1 1000m	5 <sup>th</sup> 4.09.28	6 <sup>th</sup> 4.05.68	<b>B 6<sup>th</sup> 4.11.45</b>	an	53.17	15 <sup>th</sup>
J Boyton / P Wycherley	K 2 1000m	6 <sup>th</sup> 3.19.09	7 <sup>th</sup> 3.20.01				20 <sup>th</sup>
T Hide / E Rutherford	K 2 1000m	5 <sup>th</sup> 3.17.79	6 <sup>th</sup> 3.19.49	<b>B 7<sup>th</sup> 3.23.17</b>	US	15.24	13 <sup>th</sup>
	V K2 1000m				JT	44.72	
	C 2 1000m				US	39.65	
E Farrell / P Wycherley t Brabants / A Daniels	K 1 1000m	3 <sup>d</sup> 3.04.92	5 <sup>th</sup> 3.03.94	<b>B 9<sup>th</sup> 3.02.87</b>	LR	55.89	13 <sup>th</sup>
	C 1 1000m				LR	20.80	
	K 1 500m				WE	39.97	
	L 1 500m	3 <sup>d</sup> 1.56.44	3 <sup>rd</sup> 1.52.37	<b>A 3<sup>rd</sup> 1.54.02</b>	JS	52.74	3 <sup>d</sup>
R Cawthorn	C 1 500m				US	50.04	
	K 2 500m	4 <sup>th</sup> 1.38.37	5 <sup>th</sup> 1.37.31	<b>B 4<sup>th</sup> 1.33.14</b>	LR	30.63	13 <sup>th</sup>
L Belcher / A Hannah	V K2 500m	1 <sup>t</sup> 1.48.09	1 <sup>st</sup> 1.50.66	<b>A 3<sup>rd</sup> 1.47.02</b>	LR	44.75	3 <sup>d</sup>
	V C2 500m			<b>No Event</b>			
A Edmonds/ J Walker H Mason / L Sewers	V K4 500m	2 <sup>d</sup> 1.32.98	Direct	<b>A 2<sup>nd</sup> 1.35.55</b>	LR	33.52	2 <sup>d</sup>
J Walker	V K1 200m	1 <sup>t</sup> .43.72	2 <sup>nd</sup> .42.84	<b>A 3<sup>rd</sup> .42.27</b>	OR	1.97	3 <sup>d</sup>
	V K2 200m				JT	9.60	
E Mckeever	K1 200m	2 <sup>d</sup> .37.49	1 <sup>st</sup> .36.98	<b>A 1<sup>st</sup> .36.53</b>	BR	36.53	1 <sup>t</sup>
A Daniels	K1 200m	4 <sup>th</sup> .38.64	5 <sup>th</sup> .37.87	<b>C 5<sup>th</sup> .37.75</b>	BR	36.54	20 <sup>th</sup>
L Heath J Schofield	K2 200m	1 <sup>t</sup> .33.70	1 <sup>st</sup> .33.03	<b>A 2<sup>nd</sup> .32.75</b>	RA	2.37	2 <sup>d</sup>
K Reeves E Cox	K2 200m	3 <sup>d</sup> .34.47	5 <sup>th</sup> 34.39	<b>B 5<sup>th</sup> 34.21</b>	RA	2.37	14 <sup>th</sup>
	V C1 200m				an	1.46	
R Jeffries	C 1 200m	4 <sup>th</sup> .43.47	6 <sup>th</sup> .43.70	<b>B 8<sup>th</sup> .43.88</b>	US	43.57	17 <sup>th</sup>
J Train	C canoe 5Km			6 <sup>th</sup>	AN	1.17.28	6 <sup>th</sup>
L Belcher	V K1 5Km			<b>1<sup>t</sup></b>	BR	No time	1 <sup>t</sup>



LOTTERY FUNDED

uk sport TESCO

**"To be the number 1 Olympic canoeing nation with success and depth of excellence at every level"**

The British Canoe Union is registered in England as a company limited by guarantee without a share capital. Registered office: 18 Market Place, Bingham, Nottinghamshire, NG13 8AP. Registered company number 152 54 84. VAT no 347 364441. This email and its attachments may be confidential and are intended solely for the use of the individual or individuals to whom it is addressed. Any views or opinions expressed are solely those of the author and do not necessarily represent those of the British Canoe Union or Canoe England. If you are not the intended recipient of this email and its attachments, you must take no action based upon them, nor must you copy or show them to anyone. Please contact the sender if you believe that you have received this email in error.

## BCU Rule 26 - Paddling on the Course

In races up to 1000 metres, competitors must keep the whole of their boat within the four-meter wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five meters in any direction to the boat of another competitor - that is, gunwale to gunwale or bow to stern.

If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.

A boat which leaves its allocated lane, must be disqualified from the event.

If a race is declared null and void, no change of the composition of a crew permitted at the new start.

If there is a capsized competitor or crew is eliminated from the race.

The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.

If a paddle is broken a competitor may not be provided with a new one by a supporter.

## BCU Rule 27 - Pacing and wash riding

Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

When a race is in progress crews not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even outside the marking buoys.

## BCU Rule 28 - Competitions on Long Distances

Races of more than 1000 meters distance.

In races of more than 1000m competitors may deviate from their lane, providing they do not impede other competitors.

When a race is run on a course with turning points, these shall be passed to port (ie in an anti-clock wise direction).

A competitor will not be disqualified for touching a turning point buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning point.

If there is a capsized competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.

Any competitor who is responsible for a collision of who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.





#### 8am at Team Leaders Meeting

001	09:45	Boys D	K4	1000m	F
002	09:48	Mens A	K1	1000m	H1
003	09:51	Mens A	K1	1000m	H2
004	09:54	Mens B	K1	1000m	H1
005	09:57	Mens B	K1	1000m	H2
006	10:00	Mens B	K1	1000m	H3
007	10:03	Boys A	K1	1000m	H1
008	10:06	Boys A	K1	1000m	H2
009	10:09	Boys A	K1	1000m	H3
010	10:12	Boys B	K1	1000m	H1
011	10:15	Boys B	K1	1000m	H2
012	10:18	Boys B	K1	1000m	H3
013	10:21	Girls B/C	K4	1000m	F
014	10:24	Womens A K1 & Canoe A C1		1000m	F
015	10:27	Womens B	K1	1000m	F
016	10:30	Masters A	K1	1000m	H1
017	10:33	Masters A	K1	1000m	H2
018	10:36	Masters B	K1	1000m	H1
019	10:39	Masters B	K1	1000m	H2
020	10:42	Masters C/D	K2	1000m	F
021	10:45	Mens C/D	K2	1000m	F
022	10:51	Boys C	K2	1000m	H1
023	10:54	Boys C	K2	1000m	H2
024	10:57	Canoe C	C1	1000m	F
025	11:00	Girls A	K1	1000m	H1
026	11:03	Girls A	K1	1000m	H2
027	11:06	Womens C & Ladies A K1		1000m	F
028	11:09	Mens B	K1	1000m	F1
029	11:12	Mens B	K1	1000m	F2
030	11:15	Boys B	K1	1000m	F1
031	11:18	Boys B	K1	1000m	F2
032	11:21	Mens A	K1	1000m	F1
033	11:24	Mens A	K1	1000m	F2
034	11:27	Boys A	K1	1000m	F1
035	11:30	Boys A	K1	1000m	F2
036	11:36	Masters B	K1	1000m	F
037	11:39	Masters A	K1	1000m	F
038	11:42	Mens C	K1	1000m	H1
039	11:45	Mens C	K1	1000m	H2
040	11:48	Masters C	K1	1000m	H1
041	11:51	Masters C	K1	1000m	H2
042	11:54	Girls D	K1	1000m	H1
043	11:57	Girls D	K1	1000m	H2
044	12:00	Girls D	K1	1000m	H3
045	12:03	Girls C	K2	1000m	H1
046	12:06	Girls C	K2	1000m	H2
047	12:12	Boys D	K1	1000m	H1
048	12:15	Boys D	K1	1000m	H2
049	12:18	Boys D	K1	1000m	H3
050	12:21	Boys D	K1	1000m	H4
051	12:24	Boys D	K1	1000m	H5
052	12:27	Boys C	K2	1000m	F
053	12:30	Mens A	K2	1000m	F
054	12:36	Mens B	K2	1000m	F
055	12:39	Girls A	K1	1000m	F1
056	12:42	Girls A	K1	1000m	F2
057	12:45	Boys A	K2	1000m	F
058	12:48	Masters A/B	K2	1000m	F
059	12:51	Canoe C/D	C2	1000m	F
060	12:54	Paddability	K1	500m	F1
061	12:57	Paddability	K1	500m	F2
062	13:00	Mini Kayak B	K1	500m	H1
063	13:03	Mini Kayak B	K1	500m	H2
064	13:06	Mini Kayak B	K1	500m	H3
065	13:12	Mens D	K1	1000m	F
066	13:15	Mens C	K1	1000m	F
067	13:18	Womens D	K1	1000m	F
068	13:21	Ladies B	K1	1000m	F
069	13:24	Girls D	K1	1000m	F1
070	13:27	Girls D	K1	1000m	F2
071	13:30	Girls C	K2	1000m	F
072	13:33	Mens A	K4	1000m	F
073	13:36	Girls B	K2	1000m	F
074	13:39	Boys B	K2	1000m	F
075	13:42	Boys C	K1	1000m	H1
076	13:45	Boys C	K1	1000m	H2
077	13:48	Boys C	K1	1000m	H3
078	13:51	Masters C	K1	1000m	F
079	13:54	Masters D	K1	1000m	F
080	13:57	Girls A	K2	1000m	F
081	14:00	Boys A	K4	1000m	F
082	14:03	Womens A/B K2 & Canoe A/B C2		1000m	F
083	14:09	Paddability	K2	500m	F
084	14:12	Mini Kayak B	K1	500m	F1
085	14:15	Mini Kayak B	K1	500m	F2
086	14:18	Boys D	K1	1000m	F1
087	14:21	Boys D	K1	1000m	F2
088	14:24	Boys D	K1	1000m	F3
089	14:27	Womens C/D & Ladies A/B K2		1000m	F
090	14:30	Girls D	K2	1000m	H1
091	14:33	Girls D	K2	1000m	H2
092	14:39	Mens C/D	K2	200m	F
093	14:42	Mens A/B	K1	200m	H1
094	14:45	Mens A/B	K1	200m	H2
095	14:48	Mens A/B	K1	200m	H3
096	14:51	Mens A/B	K1	200m	H4
097	14:54	Mens A/B	K1	200m	H5
098	14:57	Boys A	K1	200m	H1
099	15:00	Boys A	K1	200m	H2
100	15:03	Canoe D	C1	200m	H1
101	15:06	Canoe D	C1	200m	H2
102	15:09	Girls A	K1	200m	H1
103	15:12	Girls A	K1	200m	H2
104	15:15	Boys C	K1	1000m	F1
105	15:18	Boys C	K1	1000m	F2
106	15:21	Girls C	K1	1000m	H1
107	15:24	Girls C	K1	1000m	H2
108	15:27	Girls C	K1	1000m	H3
109	15:30	Girls C	K1	1000m	H4
110	15:33	Girls B	K1	1000m	H1
111	15:36	Girls B	K1	1000m	H2
112	15:39	Girls B	K1	1000m	H3
113	15:42	Girls D	K2	1000m	F
114	15:48	Mini Kayak A	K1	500m	H1
115	15:51	Mini Kayak A	K1	500m	H2
116	15:54	Mens C & Masters B	K1	200m	H1
117	15:57	Mens C & Masters B	K1	200m	H2
118	16:00	Mens D & Masters C/D	K1	200m	H1
119	16:03	Mens D & Masters C/D	K1	200m	H2
120	16:06	Mens A/B	K1	200m	F1
121	16:09	Mens A/B	K1	200m	F2
122	16:12	Boys A	K1	200m	F1
123	16:15	Boys A	K1	200m	F2
124	16:18	Canoe C	C1	200m	F
125	16:21	Canoe D	C1	200m	F
126	16:24	Girls A	K1	200m	F1
127	16:27	Girls A	K1	200m	F2
128	16:30	Paddability	K1	200m	F1
129	16:33	Paddability	K1	200m	F2
130	16:36	Paddability	K1	200m	F3
131	16:42	Boys D	K2	1000m	H1
132	16:45	Boys D	K2	1000m	H2
133	16:48	Girls C	K1	1000m	F1
134	16:51	Girls C	K1	1000m	F2
135	16:54	Girls B	K1	1000m	F1
136	16:57	Girls B	K1	1000m	F2
137	17:03	Mens C & Masters B	K1	200m	F
138	17:06	Mens D & Masters C/D	K1	200m	F
139	17:09	Mens A/B	K2	200m	H1
140	17:12	Mens A/B	K2	200m	H2
141	17:15	Womens A/B	K1	200m	F
142	17:18	Womens C & Ladies A K1		200m	F
143	17:21	Womens D & Ladies B K1		200m	F
144	17:24	Boys A	K2	200m	F
145	17:27	Canoe C/D	C2	200m	F
146	17:30	Girls A	K2	200m	F
147	17:33	Paddability	K2	200m	F
148	17:39	Mini Kayak A	K1	500m	F
149	17:45	Boys B/C	K4	1000m	F
150	17:48	Girls D	K4	1000m	F
151	17:51	Boys D	K2	1000m	F
152	17:57	Masters & Mens C/D	K4	1000m	F
153	18:00	Mens A/B	K2	200m	F

# Sunday - Timetable

154	08:30	Womens A/B	K1	200m	F
155	08:33	Mens A/B	K1	200m	H1
156	08:36	Mens A/B	K1	200m	H2
157	08:39	Mens A/B	K1	200m	H3
158	08:45	Masters & Mens C/D	K4	500m	F
159	08:48	Boys D	K2	500m	H1
160	08:51	Boys D	K2	500m	H2
161	08:54	Boys D	K2	500m	H3
162	08:57	Girls D	K1	500m	H1
163	09:00	Girls D	K1	500m	H2
164	09:03	Girls D	K1	500m	H3
165	09:06	Girls D	K1	500m	H4
166	09:09	Girls A	K1	500m	H1
167	09:12	Girls A	K1	500m	H2
168	09:15	Boys C	K1	500m	H1
169	09:18	Boys C	K1	500m	H2
170	09:21	Boys C	K1	500m	H3
171	09:24	Girls B/C K4 & Canoe C/D C4	500m	H1	
172	09:27	Girls B/C K4 & Canoe C/D C4	500m	H2	
173	09:30	Womens C/D & Ladies A/B	K2	500m	F
174	09:33	Mini Kayak A	K2	500m	F
175	09:39	Mens A/B	K1	200m	F1
176	09:42	Mens A/B	K1	200m	F2
177	09:45	Boys B	K1	500m	H1
178	09:48	Boys B	K1	500m	H2
179	09:51	Boys B	K1	500m	H3
180	09:54	Masters C	K1	500m	H1
181	09:57	Masters C	K1	500m	H2
182	10:00	Masters B	K1	500m	H1
183	10:03	Masters B	K1	500m	H2
184	10:06	Masters D	K1	500m	H1
185	10:09	Masters D	K1	500m	H2
186	10:12	Mens C	K1	500m	H1
187	10:15	Mens C	K1	500m	H2
188	10:18	Boys D	K2	500m	F1
189	10:21	Boys D	K2	500m	F2
190	10:24	Girls D	K1	500m	F1
191	10:27	Girls D	K1	500m	F2
192	10:30	Girls B/C K4 & Canoe C/D C4	500m	F	
193	10:36	Para-Canoeists	K1	200m	F1
194	10:39	Para-Canoeists	K1	200m	F2
195	10:42	Para-Canoeists	K1	200m	F3
196	10:45	Womens A/B	K2	200m	F
197	10:48	Mens A/B	K2	200m	F
198	10:51	Canoe A/B	C1	200m	F
199	10:57	Boys C	K1	500m	F1
200	11:00	Boys C	K1	500m	F2
201	11:03	Girls A	K1	500m	F1
202	11:06	Girls A	K1	500m	F2
203	11:09	Boys B	K1	500m	F1
204	11:12	Boys B	K1	500m	F2
205	11:15	Womens C & Ladies A	K1	500m	F
206	11:18	Womens D	K1	500m	F
207	11:21	Ladies B	K1	500m	F
208	11:24	Mini Kayak B	K2	500m	F
209	11:27	Boys D	K1	500m	H1
210	11:30	Boys D	K1	500m	H2
211	11:33	Boys D	K1	500m	H3
212	11:36	Boys D	K1	500m	H4
213	11:39	Boys D	K1	500m	H5
214	11:45	Canoe D	C1	500m	H1
215	11:48	Canoe D	C1	500m	H2
216	11:51	Girls B	K2	500m	H1
217	11:54	Girls B	K2	500m	H2
218	12:00	Girls D	K4	500m	F
219	12:03	Girls C	K2	500m	H1
220	12:06	Girls C	K2	500m	H2
221	12:12	Mens A	K1	500m	H1
222	12:15	Mens A	K1	500m	H2
223	12:18	Boys A	K1	500m	H1

224	12:21	Boys A	K1	500m	H2
225	12:24	Boys A	K1	500m	H3
226	12:30	Masters A	K1	500m	F
227	12:33	Masters B	K1	500m	F
228	12:36	Mens C	K1	500m	F
229	12:39	Mens D	K1	500m	F
230	12:42	Masters C	K1	500m	F
231	12:45	Masters D	K1	500m	F
232	12:48	Mens B	K2	500m	F
233	12:51	Canoe C	C1	500m	F
234	12:54	Canoe D	C1	500m	F
235	12:57	Paddability	K1	500m	F
<b>13:00 Prize Giving by SRC Chairman Junior Certificates</b>					
236	13:18	Boys D	K1	500m	F1
237	13:21	Boys D	K1	500m	F2
238	13:24	Boys D	K1	500m	F3
239	13:27	Girls D	K2	500m	H1
240	13:30	Girls D	K2	500m	H2
241	13:33	Girls C	K2	500m	F
242	13:36	Girls B	K2	500m	F
243	13:39	Womens A	K1	500m	F
244	13:42	Womens B	K1	500m	F
245	13:45	Mens A	K1	500m	F1
246	13:48	Mens A	K1	500m	F2
247	13:51	Boys A	K1	500m	F1
248	13:54	Boys A	K1	500m	F2
249	13:57	Boys B/C	K4	500m	F
250	14:00	Girls A	K4	500m	F
251	14:06	Mens B	K1	500m	H1
252	14:09	Mens B	K1	500m	H2
253	14:12	Mens B	K1	500m	H3
254	14:15	Masters C/D	K2	500m	H1
255	14:18	Masters C/D	K2	500m	H2
256	14:21	Mens C/D	K2	500m	F
257	14:24	Canoe C/D	C2	500m	F
258	14:30	Boys D	K4	500m	H1
259	14:33	Boys D	K4	500m	H2
260	14:36	Girls C	K1	500m	H1
261	14:39	Girls C	K1	500m	H2
262	14:42	Girls C	K1	500m	H3
263	14:45	Girls C	K1	500m	H4
264	14:48	Girls B	K1	500m	H1
265	14:51	Girls B	K1	500m	H2
266	14:54	Girls B	K1	500m	H3
267	14:57	Paddability	K2	500m	F
268	15:03	Mini Kayak A/B	K4	500m	F
269	15:09	Womens A/B K2 & Canoe A/B C2	500m	F	
270	15:12	Girls D	K2	500m	F
271	15:15	Girls A	K2	500m	F
272	15:18	Boys A	K2	500m	F
273	15:21	Boys B	K2	500m	F
274	15:24	Boys C	K2	500m	F
275	15:27	Masters A/B	K2	500m	F
276	15:30	Masters C/D	K2	500m	F
277	15:36	Mens B	K1	500m	F1
278	15:39	Mens B	K1	500m	F2
279	15:42	Mens A	K2	500m	F
280	15:48	Girls C	K1	500m	F1
281	15:51	Girls C	K1	500m	F2
282	15:54	Girls B	K1	500m	F1
283	15:57	Girls B	K1	500m	F2
284	16:00	Boys D	K4	500m	F

**Dates:** 2 & 3 July, (Olympic Test Event 1<sup>st</sup> – 4<sup>th</sup> Sept),  
10 & 11 September 2011,

**Dates:** 14 & 15 April, 12 & 13 May, 9 & 10 June,  
21 & 22 July, 1 & 2 September 2012

Olympic Games 27<sup>th</sup> July – 12<sup>th</sup> August with  
Canoe Sprint at Eton from 6<sup>th</sup> Aug – 11<sup>th</sup> Aug





# BCU National Canoe Sprint Racing Regatta

## 4 & 5 June 2011



### Changes to the Starting Procedure

Some changes to the starting procedures for sprint races have been introduced by the ICF over the winter. These will apply to all events henceforth and are as follows:

- The starting command will be 'READY - SET - GO' ('GO' can be a shot or strong sound signal).
- At the 'READY' command competitors begin their preparation to paddle.
- At the 'SET' command competitors place their paddle in the catch position.
- Competitors must not paddle forward or this action will be deemed to be a false start. (The boat must not move forward at this point in the starting procedure).
- The starter, when satisfied with the competitors' positioning and attention, will say 'GO' (or shot or powerful sound).
- Competitors must only react to the start command / signal and are not permitted to anticipate it (competitors can paddle only upon hearing the starting command / signal).

Also for the attention of all paddlers, some other points within the ICF rules relating to starting:

- Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the start line (defined by a line of blue buoys at NWSC).
- Two minutes before the defined starting time the competing boats have to take the lane determined in the programme.

The start shall be given without reference to any absentees (in other words, if you're late we won't wait).

### 8am at Team Leaders Meeting

## SATURDAY - Timetable

<b>RACE 001</b>	<b>Boys D K4 - 1000m</b>	<b>FINAL</b>
09:45		
1	FOX HUSBAND/GLOVER HUNT(NOR)/	
2	BSF PARKES/O-SULLIVAN ENGLISH(HYM)/	
3	DEV HENLEY/LITTLE PETERS(FOY)/PALMER(FOY)	
4	SDS CHAPMAN(KIR)/CROSLAND(FOR) CARRUTHERS(FOR)/LOW	
5	LBZ SMITH/WESTWOOD MURPHY/ROBINSON	
6	BUR ORME/SMITHSON(RLS) SOLWAY(ELM)/MCMULLEN(ELM)	
7	SDS SWINBURNE(IND)/BRICKELL(FOR)	
8	LIN POTTER/GRAY KEETLEY/TOWERS	
9		

<b>RACE 002</b>	<b>Mens A K1 - 1000m</b>	<b>Heat 1</b>
09:48	<i>1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2</i>	
1	WEY D TERRY	
2	WEY M WELCH	
3	BOA J WEBSTER	
4	ELM M SIMON	
5	ROY G STANDEVEN	
6	WEY M CHILDERSTONE	
7		
8		
9		

<b>RACE 003</b>	<b>Mens A K1 - 1000m</b>	<b>Heat 2</b>
09:51	<i>1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2</i>	
1	LBZ B HAYNES	
2	WOR J TYE	
3	BUR M BOWLEY	
4	NOR T PENDLE	
5		
6		
7		
8		
9		

<b>RACE 004</b>	<b>Mens B K1 - 1000m</b>	<b>Heat 1</b>
09:54		
1	SDS C MCMORRIN	
2	LEA T CIZAS	
3	CEL G BUGGY	
4	WOR D STAINES	
5	WEY P YATES	
6	WEY A CROUCHER	
7	ADS M HIDE	
8		
9		

<b>RACE 005</b>	<b>Mens B K1 - 1000m</b>	<b>Heat 2</b>
09:57		
1	RLS R FARRINGTON	
2	LBZ D SLIGHT	
3	MAI A JORDAN	
4	RDG J KEEBLE	
5	WOR R SNEDDON	
6	RUN J O-GRADY	
7	TON G LEVAI	
8		
9		

<b>RACE 006</b>	<b>Mens B K1 - 1000m</b>	<b>Heat 3</b>
10:00		
1	SLP T BRENNAN	
2	BSF J YOUNG	
3	EXE T SHARPE	
4	NOR S WILLIS	
5	RUN J MAYERS	
6	CDF E EVANS	
7		
8		
9		

<b>RACE 007</b>	<b>Boys A K1 - 1000m</b>	<b>Heat 1</b>
10:03	<i>1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> &amp; 5<sup>th</sup> plus 3 BT to Final 2</i>	
1	WEY C WELCH	
2	NOR A HICKS	
3	ELM H ARCHER	
4	RDG A POTTERTON	
5	WEY P BANNISTER	
6	SDS L FLETCHER	
7	CLM T STANWAY	
8	NOR O RIX	
9		

**RACE 008 Boys A K1 - 1000m Heat 2**10:06 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*

1 RDG B COLYER  
 2 CDF M ROBINSON  
 3 SDS S REDMOND  
 4 RDG N KIRSCHSTEIN  
 5 CLM D JOHNSON  
 6 BOA T ESCOTT  
 7 RDG S KIRSCHSTEIN

8  
9**RACE 009 Boys A K1 - 1000m Heat 3**10:09 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*

1 WEY J BEEVERS  
 2 WOR D TYSOE  
 3 WOR G MITCHELL  
 4 RDG T KIRSCHSTEIN  
 5 ADS T DEACON  
 6 WOR W BIRD  
 7 WEY J CHILDERSTONE

8  
9**RACE 010 Boys B K1 - 1000m Heat 1**

10:12

1 SDS O CARRUTHERS  
 2 LBZ S PLUMMER  
 3 BOA L ESCOTT  
 4 WOR S WILLIAMS  
 5 ELM M CONNELL  
 6 LBZ D CROCKER  
 7 RIC N ROMAIN  
 8 BOA J MISSEN

9

**RACE 011 Boys B K1 - 1000m Heat 2**

10:15

1 WEY C FREEBODY  
 2 HER B JONES  
 3 CLM J WALKINTON  
 4 PEN R JEFFERIES  
 5 CLM D MITCHELL  
 6 WEY E HAWS  
 7 LBZ D FOLEY

8  
9**RACE 012 Boys B K1 - 1000m Heat 3**

10:18

1 NOR J RIX  
 2 SDS C CHAPMAN  
 3 NOR A NOBBS  
 4 CEL D MITCHELL  
 5 RDG J FOSTER  
 6 SOU M HEWITT  
 7 MAI S BURDETT

8  
9**RACE 013 Girls B/C K4 - 1000m FINAL**

10:21

1 BUR MARLOW/TAYLOR(SOU)  
 PIERCY(ELM)/TRIEVNOR(ELM)  
 2 LBZ CAMPBELL/ELLIOTT  
 ELLIS/  
 3 SDS REDMOND(LGW)/SYME(KIR)  
 4 NOR HICKS/LEE-SMITH  
 RIX/TERRY  
 5 FOX GREEHY/ROSE  
 6 ROY DRESSER/BUCHANAN  
 BROWNE/GRANT  
 7 RUN WIGNALL/RICKETTS(ANK)  
 GREEN(BOA/)

8  
9**RACE 014 Womens A K1 & Canoe A C1 - 1000m FINAL**

10:24

1 FOX D BOGDANOVIS  
 2 EXE J HAWKEY  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 015 Womens B K1 - 1000m FINAL**

10:27

1 RUN J ILLIDGE  
 2 MAI L BROWN  
 3 RLS S BRAITHWAITE  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 016 Masters A K1 - 1000m Heat 1**

10:30

1 RAF D DUFF  
 2 NOT R LITTLEWOOD  
 3 SOU R KENT  
 4 SOR R VINCENT  
 5 NOR R KILBOURN  
 6 NOT M CHMIEL  
 7  
 8  
 9

**RACE 017 Masters A K1 - 1000m Heat 2**

10:33

1 SOR N BLACKMAN  
 2 GAI B BLACKMAN  
 3 WOR J BIRD  
 4 LEA A GOODE  
 5 TON C NEALE  
 6  
 7  
 8  
 9

**RACE 018 Masters B K1 - 1000m Heat 1**

10:36

1 LIN M OLIVER  
 2 WOR J CAVE  
 3 BOA S MISSEN  
 4 BAN R AVERY  
 5 LBZ M MARTIN  
 6 NOR D PENDLE  
 7  
 8  
 9

**RACE 019 Masters B K1 - 1000m Heat 2**

10:39

1 SOU A BUTT  
 2 BUR H BLACKMAN  
 3 CDF R RODGERS  
 4 WOR J PARKER  
 5 RUN M SWALLOW  
 6 ROY A RUFF  
 7  
 8  
 9

**RACE 020 Masters C/D K2 - 1000m FINAL**

10:42

1 LBZ BARRELL/CAMPBELL  
 2 BSF SURRAGE/WRIGHT  
 3 LIN OLIVER/OLIVER  
 4 RUN DAVISON/NIXON  
 5 WEY CHILDERSTONE/HAWS  
 6 LBZ HALL/WESTWOOD  
 7 WEY GORMAN/SAVAGE  
 8 FOX GOWER/PENN  
 9 LBZ ELLIOTT/SMITH

**RACE 021 Mens C/D K2 - 1000m FINAL**  
 10:45  
 1 BUR WALTERS/HAIGH(TRE)  
 2 DEV DOBSON/PEARCE(FOY)  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 022 Boys C K2 - 1000m Heat 1**  
 10:51  
 1 CLM GREEN/JOHNSON  
 2 CEL VERDON/HARTNETT  
 3 NOT CHIMIEL/LITTLEWOOD  
 4 SDS MCKEOWN(KIR)/MCVAY(KIR)  
 5 LIN EDWARDES/  
 6  
 7  
 8  
 9

**RACE 023 Boys C K2 - 1000m Heat 2**  
 10:54  
 1 LON HARDING/  
 2 NOR BALLS/STRONG  
 3 LBZ EWINGTON/ROBERTS  
 4 ELM THOMAS/RIDES  
 5  
 6  
 7  
 8  
 9

**RACE 024 Canoe C C1 - 1000m FINAL**  
 10:57  
 1 FLA M TRAIN  
 2 RLS J VORBERGER  
 3 RIC M CSOKASI  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 025 Girls A K1 - 1000m Heat 1**  
 11:00 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 ELM K TROTTER  
 2 NCF H HELLEDAL  
 3 NCF C VEDOE  
 4 NCF E ASKELAND  
 5 NCF T SANDE  
 6 NCF A NILSEN  
 7 WOR E LEWIS  
 8  
 9

**RACE 026 Girls A K1 - 1000m Heat 2**  
 11:03 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 WEY V CROUCHER  
 2 NCF K KVANDE  
 3 RDG I COLLINS  
 4 LIN E TONNER  
 5 ELM R SIMON  
 6 ELM A WARD  
 7 WEY A HAWS  
 8  
 9

**RACE 027 Womens C & Ladies A K1 - 1000m FINAL**  
 11:06  
 1 BAN S ROONEY  
 2 RUN M DILAI  
 3 NOR F GRADY  
 4 NOR L LINNELL  
 5  
 6  
 7  
 8  
 9

**RACE 028 Mens B K1 - 1000m FINAL 1**  
 11:09  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 029 Mens B K1 - 1000m FINAL 2**  
 11:12  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 030 Boys B K1 - 1000m FINAL 1**  
 11:15  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 031 Boys B K1 - 1000m FINAL 2**  
 11:18  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 032 Mens A K1 - 1000m FINAL 1**  
 11:21  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 033 Mens A K1 - 1000m FINAL 2**  
 11:24  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 034 Boys A K1 - 1000m FINAL 1**  
 11:27  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

<b>RACE 035</b> 11:30	<b>Boys A K1 - 1000m</b>	<b>FINAL 2</b>	<b>RACE 042</b> 11:54	<b>Girls D K1 - 1000m</b>	<b>Heat 1</b>
1			1	LIN E GRAY	
2			2	ROY J CALDAS	
3			3	SDS D KERR	
4			4	BOA C BROWN	
5			5	FLA S ELLIS	
6			6	BUR G DRAPER	
7			7	CLM M JOHNSON	
8			8	ROY K MADDEN	
9			9		
<b>RACE 036</b> 11:36	<b>Masters B K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 043</b> 11:57	<b>Girls D K1 - 1000m</b>	<b>Heat 2</b>
1			1	NOR H DRANE	
2			2	BOA L BROWN	
3			3	GAI G BLACKMAN	
4			4	ROY E BUCHANAN	
5			5	BUR S ORME	
6			6	NOR B HARRISON	
7			7	ROY H BLACKSELL	
8			8	ROY P WALLMAN	
9			9		
<b>RACE 037</b> 11:39	<b>Masters A K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 044</b> 12:00	<b>Girls D K1 - 1000m</b>	<b>Heat 3</b>
1			1	ROY J PALMER	
2			2	SDS R CALDWELL	
3			3	LIN A ZACCARIA	
4			4	ROY R LLOYD	
5			5	WOR E SINCLAIR	
6			6	LBZ H CROCKER	
7			7	RIC R MYBURGH	
8			8	LIN C TOWERS	
9			9		
<b>RACE 038</b> 11:42	<b>Mens C K1 - 1000m</b>	<b>Heat 1</b>	<b>RACE 045</b> 12:03	<b>Girls C K2 - 1000m</b>	<b>Heat 1</b>
1	EXE J WILLIAMS		1	NOR HICKS/BROOKES(RUN)	
2	LBZ R CREAMER		2	BUR MARLOW/TAYLOR(SOU)	
3	NOT L GARTON		3	RDG DILLON/CHALK	
4	FOY R PEARCE		4	ELM PIERCY/TRIEVNOR	
5	RLS R NEAVE		5	ROY BUCHANAN/GRANT	
6	LEA L O-BRYAN		6		
7	WEY J BEYER		7		
8			8		
9			9		
<b>RACE 039</b> 11:45	<b>Mens C K1 - 1000m</b>	<b>Heat 2</b>	<b>RACE 046</b> 12:06	<b>Girls C K2 - 1000m</b>	<b>Heat 2</b>
1	BUR M WALTERS		1	ROY DRESSER/BROWNE	
2	CAM S TAYLOR		2	BAS REES-CLARK/SEIKA(BAN)	
3	TRE G HAIGH		3	NOR LEE-SMITH/RIX	
4	WOR T GODLEMAN		4	FOX GREEHY/ROSE	
5	FOY G SPIERINGS		5		
6	WEY J CORDERY		6		
7			7		
8			8		
9			9		
<b>RACE 040</b> 11:48	<b>Masters C K1 - 1000m</b>	<b>Heat 1</b>	<b>RACE 047</b> 12:12	<b>Boys D K1 - 1000m</b>	<b>Heat 1</b>
1	CAM P STEVENSON		1	DEV A LITTLE	
2	RUN C DAVISON		2	ROY D VORLEY	
3	ADS M JACOBS		3	CEL M VERDON	
4	NOT M NADAL		4	SDS J SWINBURNE	
5	FOX T PENN		5	BSF S ENGLISH	
6	LGW D MARSHALL		6	LBZ A ROBINSON	
7			7	LIN C GRAY	
8			8	SDS I CHAPMAN	
9			9		
<b>RACE 041</b> 11:51	<b>Masters C K1 - 1000m</b>	<b>Heat 2</b>	<b>RACE 048</b> 12:15	<b>Boys D K1 - 1000m</b>	<b>Heat 2</b>
1	RDG T POTTERTON		1	BSF M PARKES	
2	ANK G RILEY		2	FOY D PALMER	
3	BOA S DARLING		3	FOY C PETERS	
4	BAN G HARPER		4	ANK J ECCLES	
5	LBZ D CAMPBELL		5	BUR J BOWLEY	
6	NOT P MIETUS		6	ELM R MCMULLEN	
7			7	BUR R ORME	
8			8		
9			9		

**RACE 049 Boys D K1 - 1000m Heat 3**  
 12:18  
 1 RDG J FOSTER  
 2 LIN T POTTER  
 3 ELM E SOLWAY  
 4 NOR D TERRY  
 5 SDS C BRICKELL  
 6 FOX K HUSBAND  
 7 SDS L CROSLAND  
 8  
 9

**RACE 050 Boys D K1 - 1000m Heat 4**  
 12:21  
 1 LBZ O MURPHY  
 2 DEV C HENLEY  
 3 SDS N LOW  
 4 TON R POTTER  
 5 LIN S TOWERS  
 6 BSF J O-SULLIVAN  
 7 BUR O BARKER  
 8  
 9

**RACE 051 Boys D K1 - 1000m Heat 5**  
 12:24  
 1 BUR J MARLOW  
 2 RLS W SMITHSON  
 3 BUR N COX  
 4 SDS B CARRUTHERS  
 5 LBZ C SMITH  
 6 NOR D HUNT  
 7 LBZ J WESTWOOD  
 8  
 9

**RACE 052 Boys C K2 - 1000m FINAL**  
 12:27  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 053 Mens A K2 - 1000m FINAL**  
 12:30  
 1 JRS TYE(WOR)/WEBSTER(BOA)  
 2 ORS PENDLE(NOR)/WELCH(WEY)  
 3 JRS BOWLEY(BUR)/STANDEVEN(ROY)  
 4 ORS HAYNES(LBZ)/CHILDERSTONE(WEY)  
 5  
 6  
 7  
 8  
 9

**RACE 054 Mens B K2 - 1000m FINAL**  
 12:36  
 1 WOR STAINES/SNEDDON  
 2 TON JORDAN(MAI)/LEVAI  
 3 RUN MAYERS/  
 4 SDS MCMORRIN(KIR)/FLETCHER(LGW)  
 5  
 6  
 7  
 8  
 9

**RACE 055 Girls A K1 - 1000m FINAL 1**  
 12:39  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 056 Girls A K1 - 1000m FINAL 2**  
 12:42  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 057 Boys A K2 - 1000m FINAL**  
 12:45  
 1 NOR DEACON(ADS)/RIX  
 2 WOR MITCHELL/ROBINSON(CDF)  
 3 ELM ARCHER/BIRD(WOR)  
 4 RDG KIRSCHSTEIN/POTTERTON  
 5 SDS REDMOND(LGW)/CARRUTHERS(FOR)  
 6 RDG KIRSCHSTEIN/ESCOTT(BOA)  
 7 NOR HICKS/JOHNSON(CLM)  
 8 WEY BANNISTER/WELCH  
 9

**RACE 058 Masters A/B K2 - 1000m FINAL**  
 12:48  
 1 SOR BLACKMAN/VINCENT  
 2 RAF DUFF/CHANDLER  
 3 GAI BLACKMAN/BROOKES(RUN)  
 4 SOU BUTT/KENT  
 5 WOR BIRD/MISSEN(BOA)  
 6  
 7  
 8  
 9

**RACE 059 Canoe C/D C2 - 1000m FINAL**  
 12:51  
 1 WOK RIPPINGTON/SUTTLE(CLM)  
 2 WEY DAVIS/JAMIESON  
 3 WEY HAYMAN-JOYCE/LIPSCOMBE  
 4 FLA SHAW/  
 5  
 6  
 7  
 8  
 9

**PLEASE NOTE:** To be considered for selection to the Paracanoe Sprint Team competitors **MUST** be competing in Paddle-Ability events.

**RACE 060 Paddability K1 - 500m FINAL 1**  
 12:54  
 1 NWK D DOWNING  
 2 PEN P MAHONEY  
 3 PEN L GARDENER  
 4 HYM C ROBINSON  
 5 NWK M BAINES  
 6 NWK K OWEN  
 7 NWK R CLAY  
 8  
 9

**RACE 061 Paddability K1 - 500m FINAL 2**  
 12:57  
 1 PEN A SHAW  
 2 MAI M TAYLOR  
 3 NWK M HEWITT  
 4 TRE D HOPWOOD  
 5 NWK T CHETTLE  
 6 NWK J BROOME  
 7  
 8  
 9

<b>RACE 062</b> 13:00	<b>Mini Kayak B K1 - 500m</b>	<b>Heat 1</b>	<b>RACE 069</b> 13:24	<b>Girls D K1 - 1000m</b>	<b>FINAL 1</b>
1 ROY	E CALDAS		1		
2 BUR	P BLACKMAN		2		
3 TON	J NEALE		3		
4 WOR	K LEWIS		4		
5 LBZ	T PICKERING		5		
6 RIC	H WELLS		6		
7			7		
8			8		
9			9		
<b>RACE 063</b> 13:03	<b>Mini Kayak B K1 - 500m</b>	<b>Heat 2</b>	<b>RACE 070</b> 13:27	<b>Girls D K1 - 1000m</b>	<b>FINAL 2</b>
1 FOX	L HIELD		1		
2 WOK	R PAGE		2		
3 WEY	L TOZER		3		
4 WOK	K NOLSON		4		
5 LBZ	E ROBERTS		5		
6 FOX	J SCHULLER		6		
7			7		
8			8		
9			9		
<b>RACE 064</b> 13:06	<b>Mini Kayak B K1 - 500m</b>	<b>Heat 3</b>	<b>RACE 071</b> 13:30	<b>Girls C K2 - 1000m</b>	<b>FINAL</b>
1 WEY	E JAMIESON		1		
2 LBZ	S PLUMMER		2		
3 RLS	A GREAVES		3		
4 WEY	G DE FERRER		4		
5 FOX	E DALE		5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 065</b> 13:12	<b>Mens D K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 072</b> 13:33	<b>Mens A K4 - 1000m</b>	<b>FINAL</b>
1 TON	L CLARK		1 WOR	BIRD/BROOKES(RUN)	
2 DEV	J CLARKE		2 ORS	BLACKMAN(GAI)/RODGERS(CDF)	
3 GAI	G FERGUSON		3	PENDLE(NOR)/WELCH(WEY)	
4			4	HAYNES(LBZ)/CHILDERSTONE(WEY)	
5			5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 066</b> 13:15	<b>Mens C K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 073</b> 13:36	<b>Girls B K2 - 1000m</b>	<b>FINAL</b>
1			1 WEY	CHILDERSTONE/HAWTHORN(WOR)	
2			2 SDS	REDMOND(LGW)/SYME(KIR)	
3			3 BUR	WALTERS/ROBERTS	
4			4 NOR	STEVENSON(CAM)/TERRY	
5			5 RUN	WIGNALL/RICKETTS(ANK)	
6			6 ADS	OWEN(RDG)/OWEN	
7			7 ROY	WARRIOR/	
8			8 RIC	ROMAIN/RUFF(ROY)	
9			9 LBZ	CAMPBELL/	
<b>RACE 067</b> 13:18	<b>Womens D K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 074</b> 13:39	<b>Boys B K2 - 1000m</b>	<b>FINAL</b>
1 PEN	B WALLIS		1 CLM	WALKINTON/MITCHELL	
2 ROY	L DOBBS		2 NOR	BURDETT(MAI)/NOBBS	
3 BOA	H MISSEN		3 LBZ	CROCKER/PLUMMER	
4 BAN	A MURPHY		4 WEY	FREEBODY/HAWS	
5 FOY	E PEARCE		5 HER	MISSEN(BOA)/JONES	
6			6		
7			7		
8			8		
9			9		
<b>RACE 068</b> 13:21	<b>Ladies B K1 - 1000m</b>	<b>FINAL</b>			
1 KIR	M CHAPMAN				
2 NOT	J LITTLEWOOD				
3 WOR	S HAWTHORN				
4 TON	L NEALE				
5					
6					
7					
8					
9					

<b>RACE 075</b> 13:42	<b>Boys C K1 - 1000m</b>	<b>Heat 1</b>	<b>RACE 081</b> 14:00	<b>Boys A K4 - 1000m</b>	<b>FINAL</b>
1 ELM	A THOMAS		1 JRS		
2 SDS	M MCVAY		2 WOR	BIRD/ARCHER(ELM) JONES(HER)/MISSEN(BOA)	
3 CLM	M JOHNSON		3 JRS		
4 LBZ	G ROBERTS		4 BOA	ESCOTT/HAWS(WEY) CHILDERSTONE(WEY)/KIRSCHSTEIN(RDG)	
5 NOR	S STRONG		5 JRS		
6 LIN	P QUITTENTON		6		
7 CEL	M HARTNETT		7		
8			8		
9			9		
<b>RACE 076</b> 13:45	<b>Boys C K1 - 1000m</b>	<b>Heat 2</b>	<b>RACE 082</b> 14:03	<b>Womens A/B K2 &amp; Canoe A/B C2 1000m FINAL</b>	
1 TRE	C BENTLEY		1 RUN	ILLIDGE/	
2 LON	L HARDING		2 ORS	BURKILL(LON)/WOOLFORD(LON)	
3 LBZ	J EWINGTON		3 ORS	TOWERS(NOT)/HAWKEY(EXE)	
4 NOR	D BALLS		4 ORS	BROWN(BOA)/AYRES(WEY)	
5 HYM	M BISHOP		5 ORS	SOLLARS(NOT)/SANTOS COSTA(NOT)	
6 NOT	D GOWOREK		6		
7 SOL	T LUSTY		7		
8			8		
9			9		
<b>RACE 077</b> 13:48	<b>Boys C K1 - 1000m</b>	<b>Heat 3</b>	<b>RACE 083</b> 14:09	<b>Paddability K2 - 500m</b>	<b>FINAL</b>
1 CLM	B GREEN		1 HYM	ROBINSON/	
2 NOT	R MILLAR		2 MAI	TAYLOR/	
3 LIN	M EDUARDES		3 NWK	DOWNING/	
4 ELM	M RIDES		4 NWK	OWEN/	
5 SDS	J MCKEOWN		5 NWK	BAINES/	
6 NOT	Z CHIMIEL		6 NWK	CHEATTLE/	
7 NOT	M LITTLEWOOD		7 NWK	HEWITT/	
8			8		
9			9		
<b>RACE 078</b> 13:51	<b>Masters C K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 084</b> 14:12	<b>Mini Kayak B K1 - 500m</b>	<b>FINAL 1</b>
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 079</b> 13:54	<b>Masters D K1 - 1000m</b>	<b>FINAL</b>	<b>RACE 085</b> 14:15	<b>Mini Kayak B K1 - 500m</b>	<b>FINAL 2</b>
1 RUN	S NIXON		1		
2 LBZ	C ELLIOTT		2		
3 LBZ	S BARRELL		3		
4 WEY	N TOZER		4		
5 LBZ	S HALL		5		
6 BSF	P SURRAGE		6		
7			7		
8			8		
9			9		
<b>RACE 080</b> 13:57	<b>Girls A K2 - 1000m</b>	<b>FINAL</b>	<b>RACE 086</b> 14:18	<b>Boys D K1 - 1000m</b>	<b>FINAL 1</b>
1 NCF	SANDE/HELLEDAL		1		
2 SDS	SMITH(LGW)/TONNER(LIN)		2		
3 WEY	CROUCHER/HAWS		3		
4 NCF	ASKELAND/NILSEN		4		
5 ELM	ILLINESI/COLLINS(RDG)		5		
6 JRS	LEWIS(WOR)/WARD(ELM)		6		
7 NCF	VEDOE/KVANDE		7		
8			8		
9			9		

**RACE 087** Boys D K1 - 1000m **FINAL 2**  
 14:21  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 088** Boys D K1 - 1000m **FINAL 3**  
 14:24  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 089** Womens C/D & Ladies A/B K2 - 1000m **FINAL**  
 14:27  
 1 NOT HOWELL/JONES  
 2 BAN MURPHY/ROONEY  
 3 NOR DUFF/GRADY  
 4 FOY PEARCE/MISSEN(BOA)  
 5  
 6  
 7  
 8  
 9

**RACE 090** Girls D K2 - 1000m **Heat 1**  
 14:30  
 1 GAI BLACKMAN/SINCLAIR(WOR)  
 2 FOX ROSE/HIELD  
 3 WYC BROWN/BROWN  
 4 SDS KERR/CALDWELL  
 5 ROY BLACKSELL/PALMER  
 6 LBZ ROBINSON/  
 7  
 8  
 9

**RACE 091** Girls D K2 - 1000m **Heat 2**  
 14:33  
 1 ROY CALDAS/LLOYD  
 2 NOR DRANE/HARRISON  
 3 ROY BUCHANAN/  
 4 ROY MADDEN/WALLMAN  
 5 BUR ORME/DRAPER  
 6  
 7  
 8  
 9

**RACE 092** Mens C/D K2 - 200m **FINAL**  
 14:39  
 1 BSF SURRAGE/WRIGHT  
 2 WEY BEYER/CORDERY  
 3 FOY SPIERINGS/WILLIAMS(EXE)  
 4 WEY GORMAN/SAVAGE  
 5 FOY PEARCE/DOBSON(DEV)  
 6  
 7  
 8  
 9

**RACE 093** Mens A/B K1 - 200m **Heat 1**  
 14:42 *1<sup>st</sup> plus 4 BT to Final 1, 2<sup>nd</sup> plus next 4 BT to Final 2*  
 1 RDG P EDE  
 2 CEL F MITCHELL  
 3 RIC B SOREGI  
 4 BSF J YOUNG  
 5 RIC B IRVINE  
 6 SLP A STREVENS  
 7 WEY P YATES  
 8  
 9

**RACE 094** Mens A/B K1 - 200m **Heat 2**  
 14:45 *1<sup>st</sup> plus 4 BT to Final 1, 2<sup>nd</sup> plus next 4 BT to Final 2*  
 1 RUN J O-GRADY  
 2 WEY D TERRY  
 3 ROY G STANDEVEN  
 4 CEL S MARCHETTI  
 5 WEY M LAMBERT  
 6 CEL G BUGGY  
 7 CEL V PIERCE  
 8  
 9

**RACE 095** Mens A/B K1 - 200m **Heat 3**  
 14:48 *1<sup>st</sup> plus 4 BT to Final 1, 2<sup>nd</sup> plus next 4 BT to Final 2*  
 1 WOR R SNEDDON  
 2 EXE T SHARPE  
 3 MPC S MOULE  
 4 TON G LEVAI  
 5 WEY M CHILDERSTONE  
 6 RIC I KALINEVICH  
 7 LEA T CIZAS  
 8  
 9

**RACE 096** Mens A/B K1 - 200m **Heat 4**  
 14:51 *1<sup>st</sup> plus 4 BT to Final 1, 2<sup>nd</sup> plus next 4 BT to Final 2*  
 1 LEA A GOODE  
 2 SDS C MCMORRIN  
 3 CLM K MOULE  
 4 NOR S WILLIS  
 5 WOR D STAINES  
 6 BUR M BOWLEY  
 7 LBZ D SLIGHT  
 8  
 9

**RACE 097** Mens A/B K1 - 200m **Heat 5**  
 14:51 *1<sup>st</sup> plus 4 BT to Final 1, 2<sup>nd</sup> plus next 4 BT to Final 2*  
 1 CDF E EVANS  
 2 CEL D FLEMING  
 3 RIC I DOMONKOS  
 4 SLP T BRENNAN  
 5 LEA E RAMANAUSKAS  
 6 ANK K GAUL  
 7 BUR T LAWRENSON  
 8  
 9

**RACE 098** Boys A K1 - 200m **Heat 1**  
 14:54 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 WEY J BEEVERS  
 2 WOR D TYSOE  
 3 WOR W BIRD  
 4 SDS L FLETCHER  
 5 CLM T STANWAY  
 6  
 7  
 8  
 9

**RACE 099** Boys A K1 - 200m **Heat 2**  
 15:00 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 CDF M ROBINSON  
 2 SDS S REDMOND  
 3 WEY J CHILDERSTONE  
 4 RDG B COLYER  
 5 GAI M CLIVE  
 6  
 7  
 8  
 9

**RACE 100** Canoe D C1 - 200m **Heat 1**  
 15:03  
 1 FLA J JONES  
 2 WEY M JAMIESON  
 3 WOK S RIPPINGTON  
 4 WEY L LIPSCOMBE  
 5 WEY E DAVIS  
 6  
 7  
 8  
 9

**RACE 101** Canoe D C1 - 200m **Heat 2**  
 15:06  
 1 NOT J CHRIMES  
 2 FLA S SHAW  
 3 RLS R HUNT  
 4 WEY J HAYMAN-JOYCE  
 5 CLM L SUTTLE  
 6  
 7  
 8  
 9

**RACE 102** Girls A K1 - 200m **Heat 1**  
 15:09 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 NCF C VEDOE  
 2 NCF K KVANDE  
 3 NCF H HELLEDAL  
 4 RDG I COLLINS  
 5 ELM A WARD  
 6 NCF E ASKELAND  
 7  
 8  
 9

**RACE 103** Girls A K1 - 200m **Heat 2**  
 15:12 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 NCF A NILSEN  
 2 WOR E LEWIS  
 3 NCF T SANDE  
 4 ELM K TROTTER  
 5 ELM R SIMON  
 6  
 7  
 8  
 9

**RACE 104** Boys C K1 - 1000m **FINAL 1**  
 15:15  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 105** Boys C K1 - 1000m **FINAL 2**  
 15:18  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 106** Girls C K1 - 1000m **Heat 1**  
 15:21  
 1 LBZ E EWINGTON  
 2 RDG H SEALEY  
 3 FOX E ROSE  
 4 RUN C BROOKES  
 5 ROY G BROWNE  
 6 BAS S REES-CLARK  
 7 NOR L LEE-SMITH  
 8  
 9

**RACE 107** Girls C K1 - 1000m **Heat 2**  
 15:24  
 1 ELM E PIERCY  
 2 NOR H HICKS  
 3 SDS R SYME  
 4 WEY M DE FERRER  
 5 BAN R SEIKA  
 6 NOR A RIX  
 7 WOK S KABEER  
 8  
 9

**RACE 108** Girls C K1 - 1000m **Heat 3**  
 15:27  
 1 ROY A GRANT  
 2 LIN L SCARROW  
 3 FOX L GREEHY  
 4 ROY A BUCHANAN  
 5 RDG E CHALK  
 6 ROY L RUFF  
 7 ELM L TRIEVNOR  
 8  
 9

**RACE 109** Girls C K1 - 1000m **Heat 4**  
 15:30  
 1 RDG A DILLON  
 2 SOU P TAYLOR  
 3 BOA S GREEN  
 4 BUR L MARLOW  
 5 RDG F JAYNE-COUBE  
 6 LBZ A ELLIOTT  
 7 ROY E DRESSER  
 8  
 9

**RACE 110** Girls B K1 - 1000m **Heat 1**  
 15:33  
 1 ROY N WILLIAMS  
 2 WOR E HAWTHORN  
 3 FOX A TURNER  
 4 RDG S COLLINS  
 5 ELM E ILLINESI  
 6 CAM M STEVENSON  
 7 BUR S ROBERTS  
 8 FOY M MIDDLETON  
 9 SDS R SMITH

**RACE 111** Girls B K1 - 1000m **Heat 2**  
 15:36  
 1 LIN R JONES  
 2 RUN A WIGNALL  
 3 ANK E RICKETTS  
 4 BUR L BARKER  
 5 LBZ C ELLIS  
 6 RIC R KILLIP  
 7 ADS B OWEN  
 8 WEY H CHILDERSTONE  
 9 RDG A OWEN

**RACE 112** Girls B K1 - 1000m **Heat 3**  
 15:39  
 1 NOR S TERRY  
 2 ROY G RUFF  
 3 BUR S WALTERS  
 4 RIC E ROMAIN  
 5 ROY J WARRIOR  
 6 SDS A REDMOND  
 7 SDS P HENDERSON  
 8 RDG K JAYNE-COUBE  
 9

**RACE 113** Girls D K2 - 1000m **FINAL**  
 15:42  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 114** Mini Kayak A K1 - 500m **Heat 1**  
 15:48  
 1 LBZ E HALL  
 2 RLS A ROBINSON  
 3 LIN J FLAVELL  
 4 LBZ M CAMPBELL  
 5 BAN M HARPER  
 6  
 7  
 8  
 9

**RACE 115** Mini Kayak A K1 - 500m Heat 2  
 15:51  
 1 LIN J MUNTON  
 2 WOK H KABEER  
 3 LIN B QUITTENTON  
 4 LBZ D FITZPATRICK  
 5  
 6  
 7  
 8  
 9

**RACE 116** Mens C & Masters B K1 - 200m Heat 1  
 15:54  
 1 BUR M WALTERS  
 2 FOY G SPIERINGS  
 3 WOR J CAVE  
 4 NOT L GARTON  
 5 LBZ R CREAMER  
 6 WOR T GODLEMAN  
 7 WEY J CORDERY  
 8 ANK S RICKETTS  
 9

**RACE 117** Mens C & Masters B K1 - 200m Heat 2  
 15:57  
 1 EXE J WILLIAMS  
 2 LEA L O-BRYAN  
 3 CAM S TAYLOR  
 4 WEY J BEYER  
 5 RLS R NEAVE  
 6 TRE G HAIGH  
 7 CLM O SHEPHARD  
 8 FOY R PEARCE  
 9

**RACE 118** Mens D & Masters C/D K1 - 200m Heat 1  
 16:00  
 1 RUN C DAVISON  
 2 WEY P GORMAN  
 3 TON L CLARK  
 4 BAN G HARPER  
 5 LGW D MARSHALL  
 6 BSF P SURRAGE  
 7 ANK G RILEY  
 8  
 9

**RACE 119** Mens D & Masters C/D K1 - 200m Heat 2  
 16:03  
 1 DEV J CLARKE  
 2 ADS A DODSON  
 3 BSF A WRIGHT  
 4 BOA S DARLING  
 5 ADS M JACOBS  
 6 PEN M GOODALL  
 7 FOX N BARNETT  
 8  
 9

**RACE 120** Mens A/B K1 - 200m FINAL 1  
 16:06  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 121** Mens A/B K1 - 200m FINAL 2  
 16:09  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 122** Boys A K1 - 200m FINAL 1  
 16:12  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 123** Boys A K1 - 200m FINAL 2  
 16:15  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 124** Canoe C C1 - 200m FINAL  
 16:18  
 1 FLA M TRAIN  
 2 BAN T GONZALEZ  
 3 WEY E JAMIESON  
 4 RLS J VORBERGER  
 5 RIC M CSOKASI  
 6  
 7  
 8  
 9

**RACE 125** Canoe D C1 - 200m FINAL  
 16:21  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 126** Girls A K1 - 200m FINAL 1  
 16:24  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 127** Girls A K1 - 200m FINAL 2  
 16:27  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**PLEASE NOTE:** To be considered for selection to the Paracanoe Sprint Team competitors **MUST** be competing in Paddle-Ability events.

**RACE 128 Paddability K1 - 200m FINAL 1**  
16:30

- 1 PEN L GARDENER
- 2 TRE D HOPWOOD
- 3 PEN P MAHONEY
- 4 NWK J OLDHAM
- 5 NWK M BAINES
- 6 NWK D DOWNING
- 7
- 8
- 9

**RACE 129 Paddability K1 - 200m FINAL 2**  
16:33

- 1 NWK T CHETTLE
- 2 MAI M TAYLOR
- 3 NWK J BROOME
- 4 PEN G STEWART
- 5 NWK R CLAY
- 6 BAN F WEIR
- 7
- 8
- 9

**RACE 130 Paddability K1 - 200m FINAL 3**  
16:36

- 1 NWK K OWEN
- 2 PEN A SHAW
- 3 WOK J KNOWLES
- 4 HYM C ROBINSON
- 5 NWK M HEWITT
- 6
- 7
- 8
- 9

**RACE 131 Boys D K2 - 1000m Heat 1**  
16:42

- 1 BUR ORME/SMITHSON(RLS)
- 2 SDS CROSLAND(FOR)/CARRUTHERS(FOR)
- 3 LBZ MURPHY/HUNT(NOR)
- 4 DEV HENLEY/LITTLE
- 5 SDS BRICKELL(FOR)/CHAPMAN(KIR)
- 6 BSF O-SULLIVAN/
- 7 SDS LOW/SWINBURNE(IND)
- 8
- 9

**RACE 132 Boys D K2 - 1000m Heat 2**  
16:45

- 1 BUR BOWLEY/BARKER
- 2 FOX HUSBAND/GLOVER
- 3 BUR COX/MARLOW
- 4 FOY PETERS/PALMER
- 5 LBZ ROBINSON/
- 6 LBZ SMITH/WESTWOOD
- 7 BSF PARKES/ENGLISH(HYM)
- 8
- 9

**RACE 133 Girls C K1 - 1000m FINAL 1**  
16:48

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 134 Girls C K1 - 1000m FINAL 2**  
16:51

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 135 Girls B K1 - 1000m FINAL 1**  
16:54

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 136 Girls B K1 - 1000m FINAL 2**  
16:57

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 137 Mens C & Masters B K1 - 200m FINAL**  
17:03

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 138 Mens D & Masters C/D K1 - 200m FINAL**  
17:06

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 139 Mens A/B K2 - 200m Heat 1**  
17:09  
*1<sup>st</sup> - 4<sup>th</sup> plus BT into Final, rest out*

- 1 RDG EDE/KEEBLE
- 2 SDS MCMORRIN(KIR)/FLETCHER(LGW)
- 3 CLM MOULE(MPC)/MOULE
- 4 JRS BOWLEY(BUR)/CLIVE(GAI)
- 5 CEL PIERCE/MARCHETTI
- 6 LEA O-BRYAN/SLIGHT(LBZ)
- 7 RDG KIRSCHSTEIN/COLYER
- 8
- 9

**RACE 140 Mens A/B K2 - 200m Heat 2**  
17:12  
*1<sup>st</sup> - 4<sup>th</sup> plus BT into Final, rest out*

- 1 ORS PENDLE(NOR)/WELCH(WEY)
- 2 RIC SOREGI/YATES(WEY)
- 3 RIC KALINEVICH/DOMONKOS
- 4 TON JORDAN(MAI)/LEVAI
- 5 CEL MITCHELL/FLEMING
- 6 WOR STAINES/SNEEDDON
- 7
- 8
- 9

**RACE 141 Womens A/B K1 - 200m FINAL**  
 17:15  
 1 FLA C CALVERT  
 2 RUN J ILLIDGE  
 3 RLS S BRAITHWAITE  
 4 LON K WOOLFORD  
 5 LON C BURKILL  
 6 MAI L BROWN  
 7 FOX D BOGDANOV  
 8 FLA J STYAN  
 9

**RACE 142 Womens C & Ladies A K1 - 200m FINAL**  
 17:18  
 1 BAS K LAMBERT  
 2 BAN S ROONEY  
 3 NOR L LINNELL  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 143 Womens D & Ladies B K1 - 200m FINAL**  
 17:21  
 1 PEN R WEBB  
 2 FOY E PEARCE  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 144 Boys A K2 - 200m FINAL**  
 17:24  
 1 WEY BANNISTER/WELCH  
 2 ELM ARCHER/BIRD(WOR)  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 145 Canoe C/D C2 - 200m FINAL**  
 17:27  
 1 WEY DAVIS/JAMIESON  
 2 WEY HAYMAN-JOYCE/LIPSCOMBE  
 3 WOK RIPPINGTON/SUTTLE(CLM)  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 146 Girls A K2 - 200m FINAL**  
 17:30  
 1 NCF SANDE/VEDOE  
 2 NCF ASKELAND/NILSEN  
 3 JRS TROTTER(ELM)/SIMON(ELM)  
 4 ELM ILLINESI/COLLINS(RDG)  
 5 NCF KVANDE/HELLEDAL  
 6 JRS LEWIS(WOR)/WARD(ELM)  
 7  
 8  
 9

**RACE 147 Paddability K2 - 200m FINAL**  
 17:33  
 1 MAI TAYLOR/  
 2 NWK DOWNING/  
 3 NWK CLAY/  
 4 NWK HEWITT/  
 5 PEN STEWART/  
 6 NWK OWEN/  
 7 NWK CHETTLE/  
 8 HYM ROBINSON/  
 9

**RACE 148 Mini Kayak A K1 - 500m FINAL**  
 17:39  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 149 Boys B/C K4 - 1000m FINAL**  
 17:45  
 1 SDS MCKEOWN(KIR)/MCVAY(KIR)  
 2 LBZ FOLEY/EWINGTON  
 3 BOA ROBERTS/  
 ESCOTT/MISSEN  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 150 Girls D K4 - 1000m FINAL**  
 17:48  
 1 SDS KERR/CALDWELL  
 2 LBZ ROBINSON/DRANE(NOR)  
 3 BUR ORME/DRAPER  
 4 ROY CALDAS/BLACKSELL  
 PALMER/LLOYD  
 5 FOX ROSE/DALE  
 HIELD/MATHIESEN  
 6  
 7  
 8  
 9

**RACE 151 Boys D K2 - 1000m FINAL**  
 17:51  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 152 Masters & Mens C/D K4 - 1000m FINAL**  
 17:57  
 1 LIN OLIVER/OLIVER  
 MARSHALL/ROBERTSON  
 2 RUN SWALLOW/ILLIDGE  
 DAVISON/NIXON  
 3 LBZ MARTIN/BARRELL  
 CAMPBELL/SMITH  
 4  
 5  
 6  
 7  
 8  
 9

<b>RACE 153</b>	<b>Mens A/B K2 - 200m</b>	<b>FINAL</b>
18:00		
1		
2		
3		
4		
5		
6		
7		
8		
9		

## Sunday - Timetable

**Qualification for finals** - Please ensure competitors are aware that **Draws** for the finals of **ALL** events (except Mens A, Womens A, Boys A, Girls A Classes and based on place) will be based on times.

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have some been some changes to the ICF for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

In essence this means be at the start in good time, do not paddle too far away, stay within reach of the blue buoys (100 metre line), and get yourself lined up behind the correct lane. Listen for your race number to be called and remember that Regatta Time is shown on the TOD Clock (on the bank next to the start hut). If a paddler misses their start slot they may not be allowed to race. THE STARTERS WILL NOT WAIT.

<b>RACE 154</b>	<b>Womens A/B K1 - 200m</b>	<b>FINAL</b>
08:30		
1	NOT V TOWERS	
2	EXE J HAWKEY	
3	MAI L BROWN	
4		
5		
6		
7		
8		
9		

<b>RACE 155</b>	<b>Mens A/B K1 - 200m</b>	<b>Heat 1</b>
08:33	<i>1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> &amp; 5<sup>th</sup> plus 3 BT to Final 2</i>	
1	RIC B SOREGI	
2	BSF J YOUNG	
3	LEA A GOODE	
4	CLM K MOULE	
5	CEL V PIERCE	
6	LEA E RAMANAUSKAS	
7	RIC I KALINEVICH	
8		
9		

<b>RACE 156</b>	<b>Mens A/B K1 - 200m</b>	<b>Heat 2</b>
08:36	<i>1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> &amp; 5<sup>th</sup> plus 3 BT to Final 2</i>	
1	LBZ D SLIGHT	
2	CDF E EVANS	
3	CEL S MARCHETTI	
4	LEA T CIZAS	
5	BUR T LAWRENSON	
6	MPC S MOULE	
7	SLP A STREVS	
8		
9		

<b>RACE 157</b>	<b>Mens A/B K1 - 200m</b>	<b>Heat 3</b>
08:39	<i>1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> &amp; 5<sup>th</sup> plus 3 BT to Final 2</i>	
1	RIC B IRVINE	
2	RIC I DOMONKOS	
3	CEL D FLEMING	
4	CEL F MITCHELL	
5	RDG P EDE	
6	CEL G BUGGY	
7		
8		
9		

<b>RACE 158</b>	<b>Masters &amp; Mens C/D K4 - 500m</b>	<b>FINAL</b>
08:45		
1	LIN OLIVER/OLIVER MARSHALL/ROBERTSON	
2	ANK CROSBY/RICKETTS RICKETTS/RILEY	
3	FOX BARNETT/GOWER BARNETT/PENN	
4	LBZ MARTIN/BARRELL ELLIOTT/SMITH	
5	FOY PEARCE/SPIERINGS DOBSON(DEV)/WILLIAMS(EXE)	
6		
7		
8		
9		

<b>RACE 159</b>	<b>Boys D K2 - 500m</b>	<b>Heat 1</b>
08:48		
1	SDS CROSLAND(FOR)/CARRUTHERS(FOR)	
2	SDS LOW/SWINBURNE(IND)	
3	WOK GREGORY/REMI	
4	LBZ ROBINSON/	
5	BUR ORME/SMITHSON(RLS)	
6	FOY PETERS/PALMER	
7		
8		
9		

<b>RACE 160</b>	<b>Boys D K2 - 500m</b>	<b>Heat 2</b>
08:51		
1	WOR KNIGHT/	
2	SOL ELMHIRST/TUDOR	
3	LBZ MURPHY/HUNT(NOR)	
4	SDS BRICKELL(FOR)/CHAPMAN(KIR)	
5	DEV HENLEY/LITTLE	
6	BUR COX/MARLOW	
7		
8		
9		

<b>RACE 161</b>	<b>Boys D K2 - 500m</b>	<b>Heat 3</b>
08:54		
1	BSF O-SULLIVAN/	
2	WOR GRIFFITHS/WOOLLEY	
3	BSF PARKES/ENGLISH(HYM)	
4	FOX HUSBAND/GLOVER	
5	BUR BOWLEY/BARKER	
6	LBZ SMITH/WESTWOOD	
7		
8		
9		

**RACE 162 Girls D K1 - 500m Heat 1**  
08:57

1	ROY	E BUCHANAN
2	NOR	B HARRISON
3	ROY	H BLACKSELL
4	ROY	R LLOYD
5	WOR	E SINCLAIR
6	BUR	S ORME
7	ROY	K MADDEN
8	LBZ	H CROCKER
9		

**RACE 163 Girls D K1 - 500m Heat 2**  
09:00

1	FOX	S MATHIESEN
2	BOA	C BROWN
3	FLA	S ELLIS
4	FOX	A DALE
5	SDS	D KERR
6	RIC	R MYBURGH
7	WOR	C LEWIS
8		
9		

**RACE 164 Girls D K1 - 500m Heat 3**  
09:03

1	NOR	H DRANE
2	BUR	G DRAPER
3	ROY	J CALDAS
4	FOX	A ROSE
5	LIN	A ZACCARIA
6	GAI	G BLACKMAN
7	LBZ	B ROBINSON
8		
9		

**RACE 165 Girls D K1 - 500m Heat 4**  
09:06

1	CLM	H WALKINTON
2	LIN	E GRAY
3	LIN	C TOWERS
4	FOX	E HIELD
5	ROY	P WALLMAN
6	BOA	L BROWN
7	SDS	R CALDWELL
8		
9		

**RACE 166 Girls A K1 - 500m Heat 1**  
09:09 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*

1	WEY	A HAWS
2	NCF	A NILSEN
3	NCF	T SANDE
4	WOR	E LEWIS
5	ELM	K TROTTER
6	RDG	I COLLINS
7	NCF	E ASKELAND
8	WEY	V CROUCHER
9		

**RACE 167 Girls A K1 - 500m Heat 2**  
09:12 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*

1	NCF	C VEDOE
2	NCF	K KVANDE
3	ELM	A WARD
4	ELM	R SIMON
5	LIN	E TONNER
6	NCF	H HELLEDAL
7		
8		
9		

**RACE 168 Boys C K1 - 500m Heat 1**  
09:15

1	LON	L HARDING
2	NOT	R MILLAR
3	NOR	D BALLS
4	SDS	M MCVAY
5	LBZ	J EWINGTON
6	CEL	M HARTNETT
7	TRE	C SUNDERLAND
8	NOT	D GOWOREK
9		

**RACE 169 Boys C K1 - 500m Heat 2**  
09:18

1	CLM	M JOHNSON
2	NOT	M LITTLEWOOD
3	LBZ	G ROBERTS
4	SDS	J MCKEOWN
5	NOT	Z CHIMIEL
6	SOL	T LUSTY
7	TRE	C BENTLEY
8		
9		

**RACE 170 Boys C K1 - 500m Heat 3**  
09:21

1	CLM	B GREEN
2	ELM	A THOMAS
3	ELM	M RIDES
4	HYM	M BISHOP
5	LIN	P QUITTENTON
6	LIN	M EDWARDES
7	NOR	S STRONG
8		
9		

**RACE 171 Girls B/C K4 & Canoe C/D C4 - 500m Heat 1**  
09:24

1	RUN	WIGNALL/RICKETTS(ANK) GREEN(BOA)/ REDMOND(LGW)/SYME(KIR)
2	SDS	
3	WEY	DAVIS/HAYMAN-JOYCE JAMIESON/LIPSCOMBE
4	ROY	DRESSER/BUCHANAN BROWNE/GRANT
5	RIC	KILLIP/MARTIN ROMAIN/MYBURGH
6		
7		
8		
9		

**RACE 172 Girls B/C K4 & Canoe C/D C4 - 500m Heat 2**  
09:27

1	BUR	MARLOW/TAYLOR(SOU) PIERCY(ELM)/TRIEVNOR(ELM)
2	RDG	DILLON/CHALK
3	FOX	GREEHY/ROSE
4	LBZ	CAMPBELL/ELLIOTT ELLIS/
5	NOR	HICKS/LEE-SMITH RIX/TERRY
6		
7		
8		
9		

**RACE 173 Womens C/D & Ladies A/B K2 - 500m FINAL**  
09:30

1	WOR	HAWTHORN/MORAN
2	BAN	MURPHY/ROONEY
3	FOY	PEARCE/MISSEN(BOA)
4	FOX	GOWER/BARNETT
5	WOR	MORAN/MORAN
6	NOR	DUFF/GRADY
7	NOT	JONES/LITTLEWOOD
8		
9		

<b>RACE 174</b>	<b>Mini Kayak A K2 - 500m</b>	<b>FINAL</b>	<b>RACE 181</b>	<b>Masters C K1 - 500m</b>	<b>Heat 2</b>
09:33			09:57		
1 RIC	WELLS/		1 LGW	D MARSHALL	
2 LBZ	FITZPATRICK/HALL		2 FOX	N BARNETT	
3 LIN	MUNTON/FLAVELL		3 FOX	T PENN	
4 LBZ	CAMPBELL/KABEER(WOK)		4 WEY	P GORMAN	
5			5 NOT	M NADAL	
6			6 BOA	S DARLING	
7			7		
8			8		
9			9		
<b>RACE 175</b>	<b>Mens A/B K1 - 200m</b>	<b>FINAL 1</b>	<b>RACE 182</b>	<b>Masters B K1 - 500m</b>	<b>Heat 1</b>
09:39			10:00		
1			1 BAN	R AVERY	
2			2 LBZ	M MARTIN	
3			3 WOR	J CAVE	
4			4 CDF	R RODGERS	
5			5 BOA	S MISSEN	
6			6 ROY	A RUFF	
7			7		
8			8		
9			9		
<b>RACE 176</b>	<b>Mens A/B K1 - 200m</b>	<b>FINAL 2</b>	<b>RACE 183</b>	<b>Masters B K1 - 500m</b>	<b>Heat 2</b>
09:42			10:03		
1			1 WOR	J PARKER	
2			2 ANK	S RICKETTS	
3			3 SOU	A BUTT	
4			4 RDG	P RALPH	
5			5 LIN	M OLIVER	
6			6		
7			7		
8			8		
9			9		
<b>RACE 177</b>	<b>Boys B K1 - 500m</b>	<b>Heat 1</b>	<b>RACE 184</b>	<b>Masters D K1 - 500m</b>	<b>Heat 1</b>
09:45			10:06		
1 SDS	C CHAPMAN		1 BSF	A WRIGHT	
2 CLM	J WALKINTON		2 LBZ	C ELLIOTT	
3 NOR	A NOBBS		3 LBZ	S HALL	
4 LBZ	D FOLEY		4 LIN	P MARSHALL	
5 SOU	M HEWITT		5 LBZ	S BARRELL	
6 NOR	J RIX		6 RUN	S NIXON	
7 WEY	C FREEBODY		7		
8 LBZ	D CROCKER		8		
9			9		
<b>RACE 178</b>	<b>Boys B K1 - 500m</b>	<b>Heat 2</b>	<b>RACE 185</b>	<b>Masters D K1 - 500m</b>	<b>Heat 2</b>
09:48			10:09		
1 RDG	J FOSTER		1 BSF	P SURRAGE	
2 RIC	N ROMAIN		2 PEN	S CLARK	
3 RDG	B JONES		3 WEY	N TOZER	
4 ELM	M CONNELL		4 NOT	A DOUGHTY	
5 HER	B JONES		5 PEN	M GOODALL	
6 MAI	S BURDETT		6		
7 WOR	S WILLIAMS		7		
8 WEY	E HAWS		8		
9			9		
<b>RACE 179</b>	<b>Boys B K1 - 500m</b>	<b>Heat 3</b>	<b>RACE 186</b>	<b>Mens C K1 - 500m</b>	<b>Heat 1</b>
09:51			10:12		
1 CLM	D MITCHELL		1 WEY	J CORDERY	
2 BOA	J MISSEN		2 CAM	J TRAWINSKI	
3 CEL	D MITCHELL		3 RLS	R NEAVE	
4 BOA	L ESCOTT		4 FOY	G SPIERINGS	
5 PEN	R JEFFERIES		5 TRE	G HAIGH	
6 LBZ	S PLUMMER		6 WOR	T GODLEMAN	
7 SDS	O CARRUTHERS		7 EXE	J WILLIAMS	
8			8 NOT	L GARTON	
9			9		
<b>RACE 180</b>	<b>Masters C K1 - 500m</b>	<b>Heat 1</b>	<b>RACE 187</b>	<b>Mens C K1 - 500m</b>	<b>Heat 2</b>
09:54			10:15		
1 ANK	S CROSBY		1 WEY	J BEYER	
2 CAM	P STEVENSON		2 LBZ	R CREAMER	
3 ANK	G RILEY		3 FOY	R PEARCE	
4 NOT	P MIETUS		4 CAM	S TAYLOR	
5 RUN	D ARUNDALE		5 BUR	M WALTERS	
6 ANK	D RICKETTS		6 LEA	L O-BRYAN	
7 LBZ	D CAMPBELL		7 CLM	O SHEPHARD	
8			8		
9			9		

**RACE 188** Boys D K2 - 500m **FINAL 1**  
 10:18  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 189** Boys D K2 - 500m **FINAL 2**  
 10:21  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 190** Girls D K1 - 500m **FINAL 1**  
 10:24  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 191** Girls D K1 - 500m **FINAL 2**  
 10:27  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 192** Girls B/C K4 & Canoe C/D C4 - 500m **FINAL**  
 10:30  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**PLEASE NOTE:** To be considered for selection to the Paracanoe Sprint Team competitors **MUST** be competing in Paddle-Ability events.

**RACE 193** Para-Canoeists K1 - 200m **FINAL 1**  
 10:36  
 1 PEN D HOPWOOD  
 2 PEN G STEWART  
 3 PEN A BULL  
 4 PEN M BAINES  
 5 PEN M TAYLOR  
 6 NWK J OLDHAM  
 7 NWK K OWEN  
 8 PEN P MAHONEY  
 9 NWK D DOWNING

**RACE 194** Para-Canoeists K1 - 200m **FINAL 2**  
 10:39  
 1 PEN J OLDHAM  
 2 PEN J BROOME  
 3 WOK J KNOWLES  
 4  
 5 PEN C ROBINSON  
 6 NWK T CHETTLE  
 7 PEN L GARDENER  
 8 NWK R CLAY  
 9

**RACE 195** Para-Canoeists K1 - 200m **FINAL 3**  
 10:42  
 1 NWK A SAVAGE  
 2 HYM C ROBINSON  
 3 NWK J BROOME  
 4 NWK M HEWITT  
 5 PEN S CLARK  
 6 NWK T CHETTLE  
 7 PEN R WEBB  
 8 NWK M HEWITT  
 9

**RACE 196** Womens A/B K2 - 200m **FINAL**  
 10:45  
 1 NCF KVANDE/HELLEDAL  
 2 NCF SANDE/VEDOE  
 3 NCF ASKELAND/NILSEN  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 197** Mens A/B K2 - 200m **FINAL**  
 10:48  
 1 CEL PIERCE/MARCHETTI  
 2 RIC KALINEVICH/DOMONKOS  
 3 LEA O-BRYAN/SLIGHT(LBZ)  
 4 CLM MOULE(MPC)/MOULE  
 5 RIC SOREGI/YATES(WEY)  
 6  
 7  
 8  
 9

**RACE 198** Canoe A/B C1 - 200m **FINAL**  
 10:51  
 1 FLA C CALVERT  
 2 FLA J STYAN  
 3 FOX D BOGDANOV  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 199** Boys C K1 - 500m **FINAL 1**  
 10:57  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 200** Boys C K1 - 500m **FINAL 2**  
 11:00  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

<b>RACE 201</b> 11:03	<b>Girls A K1 - 500m</b>	<b>FINAL 1</b>	<b>RACE 208</b> 11:24	<b>Mini Kayak B K2 - 500m</b>	<b>FINAL</b>
1			1	RLS	GREAVES/
2			2	LBZ	PICKERING/NEALE(TON)
3			3	LBZ	PLUMMER/ROBERTS
4			4	WEY	JAMIESON/
5			5	WOK	PAGE/NOLSON
6			6	WEY	DE FERRER/TOZER
7			7	NOT	DURRANT/LITTLEWOOD
8			8	FOX	HIELD/SCHULLER
9			9		
<b>RACE 202</b> 11:06	<b>Girls A K1 - 500m</b>	<b>FINAL 2</b>	<b>RACE 209</b> 11:27	<b>Boys D K1 - 500m</b>	<b>Heat 1</b>
1			1	BAN	P MURPHY
2			2	BUR	J BOWLEY
3			3	FOX	K HUSBAND
4			4	FOY	D PALMER
5			5	SDS	L CROSLAND
6			6	BSF	M PARKES
7			7	LBZ	J WESTWOOD
8			8	DEV	A LITTLE
9			9	WOR	R GRIFFITHS
<b>RACE 203</b> 11:09	<b>Boys B K1 - 500m</b>	<b>FINAL 1</b>	<b>RACE 210</b> 11:30	<b>Boys D K1 - 500m</b>	<b>Heat 2</b>
1			1	ROY	D VORLEY
2			2	LBZ	O MURPHY
3			3	RLS	W SMITHSON
4			4	ELM	R MCMULLEN
5			5	BUR	J MARLOW
6			6	ELM	E SOLWAY
7			7	LBZ	C SMITH
8			8	RDG	J FOSTER
9			9	TON	R POTTER
<b>RACE 204</b> 11:12	<b>Boys B K1 - 500m</b>	<b>FINAL 2</b>	<b>RACE 211</b> 11:33	<b>Boys D K1 - 500m</b>	<b>Heat 3</b>
1			1	SDS	J SWINBURNE
2			2	BUR	O BARKER
3			3	NOR	D TERRY
4			4	FOX	S GLOVER
5			5	SDS	C BRICKELL
6			6	WOK	M GREGORY
7			7	SDS	I CHAPMAN
8			8	LIN	S TOWERS
9			9	SDS	B CARRUTHERS
<b>RACE 205</b> 11:15	<b>Womens C &amp; Ladies A K1 - 500m</b>	<b>FINAL</b>	<b>RACE 212</b> 11:36	<b>Boys D K1 - 500m</b>	<b>Heat 4</b>
1	BAS	K LAMBERT	1	WOR	R WOOLLEY
2	NOR	F GRADY	2	TRE	A HAIGH
3	BAN	S ROONEY	3	CEL	M VERDON
4	WOR	C MORAN	4	BUR	R ORME
5	RUN	M DILAI	5	LIN	C GRAY
6	NOR	L LINNELL	6	NOR	D HUNT
7			7	BSF	S ENGLISH
8			8	SDS	N LOW
9			9		
<b>RACE 206</b> 11:18	<b>Womens D K1 - 500m</b>	<b>FINAL</b>	<b>RACE 213</b> 11:39	<b>Boys D K1 - 500m</b>	<b>Heat 5</b>
1	ROY	L DOBBS	1	LIN	T POTTER
2	BAN	A MURPHY	2	FOY	C PETERS
3	BOA	H MISSEN	3	BUR	N COX
4	PEN	B WALLIS	4	DEV	C HENLEY
5	FOY	E PEARCE	5	WOK	L REMI
6			6	LBZ	A ROBINSON
7			7	ANK	J ECCLES
8			8	BSF	J O-SULLIVAN
9			9		
<b>RACE 207</b> 11:21	<b>Ladies B K1 - 500m</b>	<b>FINAL</b>	<b>RACE 214</b> 11:45	<b>Canoe D C1 - 500m</b>	<b>Heat 1</b>
1	TON	L NEALE	1	NOT	J CHRIMES
2	FOX	A BARNETT	2	CLM	L SUTTLE
3	NOT	J LITTLEWOOD	3	WOK	S RIPPINGTON
4	KIR	M CHAPMAN	4	WEY	M JAMIESON
5			5	FLA	S SHAW
6			6	WEY	E DAVIS
7			7		
8			8		
9			9		

**RACE 215 Canoe D C1 - 500m Heat 2**  
 11:48  
 1 FLA J JONES  
 2 FLA E SHAW  
 3 RLS R HUNT  
 4 WEY J HAYMAN-JOYCE  
 5 WEY L LIPSCOMBE  
 6  
 7  
 8  
 9

**RACE 216 Girls B K2 - 500m Heat 1**  
 11:51  
 1 ROY WARRIOR/  
 2 CAM STEVENSON/TERRY(NOR)  
 3 RUN WIGNALL/RICKETTS(ANK)  
 4 SDS REDMOND(LGW)/SYME(KIR)  
 5 LBZ ELLIS/JAYNE-COUCPE(RDG)  
 6  
 7  
 8  
 9

**RACE 217 Girls B K2 - 500m Heat 2**  
 11:54  
 1 WOR HAWTHORN/CHILDERSTONE(WEY)  
 2 LBZ CAMPBELL/  
 3 RIC KILLIP/MARTIN  
 4 BUR WALTERS/ROBERTS  
 5 RDG OWEN/OWEN(ADS)  
 6  
 7  
 8  
 9

**RACE 218 Girls D K4 - 500m FINAL**  
 12:00  
 1 FOX ROSE/DALE  
 HIELD/MATHIESEN  
 2 SDS KERR/CALDWELL  
 3 ROY CALDAS/BLACKSELL  
 PALMER/LLOYD  
 4 BUR ORME/DRAPER  
 5 LBZ ROBINSON/DRANE(NOR)  
 6  
 7  
 8  
 9

**RACE 219 Girls C K2 - 500m Heat 1**  
 12:03  
 1 ELM PIERCY/TRIEVNOR  
 2 BAN STONE/MCLEAN  
 3 ROY BUCHANAN/GRANT  
 4 NOR LEE-SMITH/RIX  
 5 BUR MARLOW/TAYLOR(SOU)  
 6  
 7  
 8  
 9

**RACE 220 Girls C K2 - 500m Heat 2**  
 12:06  
 1 NOR HICKS/BROOKES(RUN)  
 2 FOX GREEHY/ROSE  
 3 ROY DRESSER/BROWNE  
 4 RDG DILLON/CHALK  
 5  
 6  
 7  
 8  
 9

**RACE 221 Mens A K1 - 500m Heat 1**  
 12:12 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 WEY D TERRY  
 2 BOA J WEBSTER  
 3 ELM M SIMON  
 4 WEY M WELCH  
 5  
 6  
 7  
 8  
 9

**RACE 222 Mens A K1 - 500m Heat 2**  
 12:15 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 CEL D FLEMING  
 2 LBZ B HAYNES  
 3 WOR J TYE  
 4 BUR M BOWLEY  
 5 ROY G STANDEVEN  
 6 WEY M CHILDERSTONE  
 7  
 8  
 9

**RACE 223 Boys A K1 - 500m Heat 1**  
 12:18 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*  
 1 WEY J BEEVERS  
 2 WOR D TYSOE  
 3 ELM H ARCHER  
 4 RDG T KIRSCHSTEIN  
 5 GAI M CLIVE  
 6 SDS L FLETCHER  
 7 NOR O RIX  
 8 WOR W BIRD  
 9 RDG S KIRSCHSTEIN

**RACE 224 Boys A K1 - 500m Heat 2**  
 12:21 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*  
 1 WEY J CHILDERSTONE  
 2 CDF M ROBINSON  
 3 RDG A POTTERTON  
 4 WEY P BANNISTER  
 5 CLM T STANWAY  
 6 BOA T ESCOTT  
 7  
 8  
 9

**RACE 225 Boys A K1 - 500m Heat 3**  
 12:24 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*  
 1 RDG B COLYER  
 2 ADS T DEACON  
 3 SDS S REDMOND  
 4 RDG N KIRSCHSTEIN  
 5 WOR G MITCHELL  
 6 NOR A HICKS  
 7 WEY C WELCH  
 8  
 9

**RACE 226 Masters A K1 - 500m FINAL**  
 12:30  
 1 LEA A GOODE  
 2 NOR R KILBOURN  
 3 NOT R LITTLEWOOD  
 4 WOR J BIRD  
 5 TON C NEALE  
 6 RAF D DUFF  
 7 RUN P BROOKES  
 8 GAI B BLACKMAN  
 9 SOU R KENT

**RACE 227 Masters B K1 - 500m FINAL**  
 12:33  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 228 Mens C K1 - 500m FINAL**

12:36

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 229 Mens D K1 - 500m FINAL**

12:39

- |   |     |                |
|---|-----|----------------|
| 1 | TON | L CLARK        |
| 2 | DEV | J CLARKE       |
| 3 | WOR | T FAZZACKERLEY |
| 4 |     |                |
| 5 |     |                |
| 6 |     |                |
| 7 |     |                |
| 8 |     |                |
| 9 |     |                |

**RACE 230 Masters C K1 - 500m FINAL**

12:42

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 231 Masters D K1 - 500m FINAL**

12:45

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 232 Mens B K2 - 500m FINAL**

12:48

- |   |     |                             |
|---|-----|-----------------------------|
| 1 | TON | JORDAN(MAI)/LEVAI           |
| 2 | WOR | STAINES/SNEDDON             |
| 3 | SDS | MCMORRIN(KIR)/FLETCHER(LGW) |
| 4 | RDG | EDE/KEEBLE                  |
| 5 | RUN | MAYERS/                     |
| 6 |     |                             |
| 7 |     |                             |
| 8 |     |                             |
| 9 |     |                             |

**RACE 233 Canoe C C1 - 500m FINAL**

12:51

- |   |     |             |
|---|-----|-------------|
| 1 | WEY | E JAMIESON  |
| 2 | RLS | J VORBERGER |
| 3 | RIC | M CSOKASI   |
| 4 | FLA | M TRAIN     |
| 5 |     |             |
| 6 |     |             |
| 7 |     |             |
| 8 |     |             |
| 9 |     |             |

**RACE 234 Canoe D C1 - 500m FINAL**

12:54

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 235 Paddability K1 - 500m FINAL**

12:57

- |   |     |            |
|---|-----|------------|
| 1 | PEN | L GARDENER |
| 2 | NWK | D DOWNING  |
| 3 | PEN | P MAHONEY  |
| 4 | PEN | S CLARK    |
| 5 | MAI | M TAYLOR   |
| 6 | HYM | C ROBINSON |
| 7 | NWK | T CHETTLE  |
| 8 | NWK | M BAINES   |
| 9 | PEN | A SHAW     |



*13:00 Prize Giving  
by SRC Chairman Junior  
Certificates*

**RACE 236 Boys D K1 - 500m FINAL 1**

13:18

- 1
- 2
- 3
- 4
- 5
- 6



**RACE 237 Boys D K1 - 500m FINAL 2**

13:21

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 238 Boys D K1 - 500m FINAL 3**

13:24

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 239 Girls D K2 - 500m Heat 1**

13:27

- |   |     |                        |
|---|-----|------------------------|
| 1 | WYC | BROWN/BROWN            |
| 2 | LBZ | ROBINSON/              |
| 3 | ROY | MADDEN/WALLMAN         |
| 4 | ROY | BUCHANAN/              |
| 5 | FOX | ROSE/DALE              |
| 6 | WOR | SINCLAIR/BLACKMAN(GAI) |
| 7 |     |                        |
| 8 |     |                        |
| 9 |     |                        |

**RACE 240 Girls D K2 - 500m Heat 2**

13:30

- |   |     |                |
|---|-----|----------------|
| 1 | NOR | DRANE/HARRISON |
| 2 | ROY | CALDAS/LLOYD   |
| 3 | LIN | GRAY/ZACCARIA  |
| 4 | BUR | ORME/DRAPER    |
| 5 | SDS | KERR/CALDWELL  |
| 6 |     |                |
| 7 |     |                |
| 8 |     |                |
| 9 |     |                |

<b>RACE 241</b> 13:33	<b>Girls C K2 - 500m</b>	<b>FINAL</b>	<b>RACE 248</b> 13:54	<b>Boys A K1 - 500m</b>	<b>FINAL 2</b>
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 242</b> 13:36	<b>Girls B K2 - 500m</b>	<b>FINAL</b>	<b>RACE 249</b> 13:57	<b>Boys B/C K4 - 500m</b>	<b>FINAL</b>
1			1	LBZ	FOLEY/EWINGTON
2			2	BOA	ROBERTS/ ESCOTT/MISSEN
3			3	SDS	MCKEOWN(KIR)/MCVAY(KIR)
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 243</b> 13:39	<b>Womens A K1 - 500m</b>	<b>FINAL</b>	<b>RACE 250</b> 14:00	<b>Girls A K4 - 500m</b>	<b>FINAL</b>
1	LON	K WOOLFORD	1	NCF	VEDOE/SANDE
2	NOT	V TOWERS	2	JRS	KVANDE/HELLEDAL
3	EXE	J HAWKEY	3	WEY	CROUCHER/HAWS
4	LON	C BURKILL	4		CHILDERSTONE/HAWTHORN(WOR)
5	FOX	D BOGDANOV	5		
6			6		
7			7		
8			8		
9			9		
<b>RACE 244</b> 13:42	<b>Womens B K1 - 500m</b>	<b>FINAL</b>	<b>RACE 251</b> 14:06	<b>Mens B K1 - 500m</b>	<b>Heat 1</b>
1	MAI	L BROWN	1	RIC	B IRVINE
2	RUN	J ILLIDGE	2	WOR	R SNEDDON
3	RLS	S BRAITHWAITE	3	CEL	G BUGGY
4			4	WOR	D STAINES
5			5	WEY	A CROUCHER
6			6	NOR	S WILLIS
7			7	WEY	P YATES
8			8		
9			9		
<b>RACE 245</b> 13:45	<b>Mens A K1 - 500m</b>	<b>FINAL 1</b>	<b>RACE 252</b> 14:09	<b>Mens B K1 - 500m</b>	<b>Heat 2</b>
1			1	CDF	E EVANS
2			2	EXE	T SHARPE
3			3	ADS	M HIDE
4			4	RDG	P EDE
5			5	SDS	C MCMORRIN
6			6	LEA	T CIZAS
7			7	RUN	J MAYERS
8			8		
9			9		
<b>RACE 246</b> 13:48	<b>Mens A K1 - 500m</b>	<b>FINAL 2</b>			
1					
2					
3					
4					
5					
6					
7					
8					
9					
<b>RACE 247</b> 13:51	<b>Boys A K1 - 500m</b>	<b>FINAL 1</b>			
1					
2					
3					
4					
5					
6					
7					
8					
9					

<b>RACE 253</b> 14:12	<b>Mens B K1 - 500m</b>	<b>Heat 3</b>	<b>RACE 259</b> 14:33	<b>Boys D K4 - 500m</b>	<b>Heat 2</b>
1 RDG	J KEEBLE		1 FOX	HUSBAND/GLOVER	
2 BSF	J YOUNG		2 LBZ	SMITH/WESTWOOD	
3 SLP	T BRENNAN		3 BSF	MURPHY/ROBINSON	
4 SLP	A STREVENS		4 FOY	PARKES/O-SULLIVAN	
5 LBZ	D SLIGHT		5	ENGLISH(HYM)/	
6 MAI	A JORDAN		6	PETERS/PALMER	
7 CEL	F MITCHELL		7	HENLEY(DEV)/LITTLE(DEV)	
8			8		
9			9		
<b>RACE 254</b> 14:15	<b>Masters C/D K2 - 500m</b>	<b>Heat 1</b>	<b>RACE 260</b> 14:36	<b>Girls C K1 - 500m</b>	<b>Heat 1</b>
1 LBZ	HALL/WESTWOOD		1 SDS	R SYME	
2 LIN	TONNER/MARSHALL		2 FOX	E ROSE	
3 LBZ	BARRELL/CAMPBELL		3 ELM	L TRIEVNOR	
4 WEY	GORMAN/SAVAGE		4 NOR	H HICKS	
5 ANK	RICKETTS/CROSBY		5 RDG	E CHALK	
6 RUN	ARUNDALE/NIXON		6 NOR	L LEE-SMITH	
7			7 FOX	L GREEHY	
8			8 ROY	E DRESSER	
9			9		
<b>RACE 255</b> 14:18	<b>Masters C/D K2 - 500m</b>	<b>Heat 2</b>	<b>RACE 261</b> 14:39	<b>Girls C K1 - 500m</b>	<b>Heat 2</b>
1 LBZ	ELLIOTT/SMITH		1 RDG	F JAYNE-COUCPE	
2 LIN	OLIVER/OLIVER		2 WOK	S KABEER	
3 WOR	HAWTHORN/HAWTHORN		3 LBZ	A ELLIOTT	
4 FOX	BARNETT/PENN		4 RDG	A DILLON	
5 WEY	CHILDERSTONE/HAWS		5 ROY	L RUFF	
6 BSF	SURRAGE/WRIGHT		6 ROY	G BROWNE	
7			7 LBZ	E EWINGTON	
8			8		
9			9		
<b>RACE 256</b> 14:21	<b>Mens C/D K2 - 500m</b>	<b>FINAL</b>	<b>RACE 262</b> 14:42	<b>Girls C K1 - 500m</b>	<b>Heat 3</b>
1 BUR	WALTERS/HAIGH(TRE)		1 ELM	E PIERCY	
2 FOY	PEARCE/DOBSON(DEV)		2 LIN	L SCARROW	
3			3 ROY	A BUCHANAN	
4			4 BAN	N MCLEAN	
5			5 SOU	P TAYLOR	
6			6 NOR	A RIX	
7			7 BOA	S GREEN	
8			8		
9			9		
<b>RACE 257</b> 14:24	<b>Canoe C/D C2 - 500m</b>	<b>FINAL</b>	<b>RACE 263</b> 14:45	<b>Girls C K1 - 500m</b>	<b>Heat 4</b>
1 WOK	RIPPINGTON/SUTTLE(CLM)		1 RDG	H SEALEY	
2 WEY	HAYMAN-JOYCE/LIPSCOMBE		2 BAS	S REES-CLARK	
3 WEY	DAVIS/JAMIESON		3 WEY	M DE FERRER	
4			4 BUR	L MARLOW	
5			5 ROY	A GRANT	
6			6 RUN	C BROOKES	
7			7 BAN	K STONE	
8			8		
9			9		
<b>RACE 258</b> 14:30	<b>Boys D K4 - 500m</b>	<b>Heat 1</b>	<b>RACE 264</b> 14:48	<b>Girls B K1 - 500m</b>	<b>Heat 1</b>
1 WOR	KNIGHT/GRIFFITHS		1 CAM	M STEVENSON	
2 SDS	WOOLLEY/ SWINBURNE(IND)/BRICKELL(FOR)		2 FOY	M MIDDLETON	
3 LIN	POTTER/GRAY		3 BUR	S ROBERTS	
4 BUR	KEETLEY/TOWERS		4 ROY	N WILLIAMS	
5 SDS	ORME/SMITHSON(RLS)		5 ROY	J WARRIOR	
6	SOLWAY(ELM)/MCMULLEN(ELM)		6 RIC	R KILLIP	
7	CHAPMAN(KIR)/CROSLAND(FOR)		7 ADS	B OWEN	
8	CARRUTHERS(FOR)/LOW		8 RUN	A WIGNALL	
9			9 SDS	R SMITH	



**RACE 278 Mens B K1 - 500m FINAL 2**

15:39

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 279 Mens A K2 - 500m FINAL**

15:42

- 1 ORS PENDLE(NOR)/WELCH(WEY)
- 2 CEL MITCHELL/FLEMING
- 3 JRS TYE(WOR)/WEBSTER(BOA)
- 4 JRS BOWLEY(BUR)/CLIVE(GAI)
- 5 ORS HAYNES(LBZ)/CHILDERSTONE(WEY)
- 6
- 7
- 8
- 9

**RACE 280 Girls C K1 - 500m FINAL 1**

15:48

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 281 Girls C K1 - 500m FINAL 2**

15:51

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 282 Girls B K1 - 500m FINAL 1**

15:54

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 283 Girls B K1 - 500m FINAL 2**

15:57

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**RACE 284 Boys D K4 - 500m FINAL**

16:00

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

# EVERYONE CAN HELP & WANTED

Once again it is time to appeal to the clubs for more assistance in the running of the national competitions. A few people do most of the work prior to the event, but more pairs of hands are needed on the course whilst events are in progress. Please encourage members of your club to offer their help. If you are one of the bigger clubs it would seem fair that more helpers should be forthcoming from you. Please, even if you can only do a few hours each time, that would be a very big help, because without it the programme may be curtailed. My team is always looking for new members and we've introduced a "Buddy" system. So come forward and offer to help - don't complain, help to change.



## WATERBORNE INFECTIONS

The water may carry serious diseases such as Well's Disease, hepatitis, gastro-enteritis, etc. To minimise your risk of contracting an illness:

- Do not drink or swallow the water
- Avoid deliberately splashing water on your face, or in your eyes, nose or mouth
- Avoid swimming or wading in the water
- Cover all cuts and grazes with waterproof dressings
- Use footwear to avoid injuring your feet
- Wash or shower as soon as possible after watersports, before eating or preparing food
- If you fall ill after watersports, go to your doctor early, and tell him/her you are a watersports participant
- If your symptoms include a high temperature, an influenza-like illness, and joint and muscle pains (particularly in the calf muscles) also tell your doctor about the possibility of Weil's Disease and give him/her a copy of the Weil's Disease leaflet (ask your Team Leader or go to the BCU website)

**Dates:** 2 & 3 July 2011, 10 & 11 September 2011  
(*Olympic Test Event Eton 1<sup>st</sup> – 4<sup>th</sup> Sept 2011*),

**Dates:** 14 & 15 April, 12 & 13 May, 9 & 10 June,  
21 & 22 July, 1 & 2 September 2012



Olympic Games  
27<sup>th</sup> July – 12<sup>th</sup>  
August 2012 with  
Canoe Sprint at Eton  
from 6 Aug – 11 Aug



# Competing Clubs – June 2011

We are delighted to welcome all the paddles drawn from these Clubs across UK.

ADS	Addlestone Canoe Club	- Team Leader	Andy Dodson
ANK	Anker Valley Canoe Club	- Team Leader	Gordon Riley
BAN	Banbury Canoe Club	- Team Leader	Lisa Stone
BAS	Basingstoke Canoe Club	- Team Leader	Howard Smith
BOA	Bradford on Avon Canoe Club	- Team Leader	Derek McKeever
BSF	Bishops Stortford Canoe Club	- Team Leader	Ken Duncan
BUR	Burton Canoe Club	- Team Leader	Bill Lawrenson
CAM	Cambridge Canoe Club	- Team Leader	Philip Stevenson
CEL	Celbridge Canoe Club	- Team Leader	Eamon Fleming
CDK	Cardiff Bay Kayakers	- Team Leader	Richard Rogers
CLM	Chelmsford Canoe Club	- Team Leader	Mo Moule
DEV	Devizes Canoe Club	- Team Leader	Ann Slator
ELM	Elmbridge Canoe Club	- Team Leader	Rosemary Illinesi
EXE	Exeter Canoe Club	- Team Leader	Tom Sharpe
FLA	Fladbury Paddle Club	- Team Leader	Steve Train
FOX	Falcon (Oxford) Canoe Club	- Team Leader	Cath Greehy
FOY	Fowey River Canoe Club	- Team Leader	Emma Pearce
GAI	Gailey Canoe Club	- Team Leader	Robert Prestwood
GLA	Glam Boaters Canoe Club	- Team Leader	Andy Beynon
HYM	Herts Young Mariners	- Team Leader	Martin Davies
HER	Hereford Canoe Club	- Team Leader	Tony Spencer
JRS	Junior Racing Squad	- Team Leader	Mark Hoile
KIR	Kirkaldy Canoe Club	- Team Leader	Margaret Chapman
LEA	Leaside Canoe Club	- Team Leader	Alan Goode
LBZ	Leighton Buzzard Canoe Club	- Team Leader	Kari Martin
LIN	Lincoln Canoe Club	- Team Leader	Laurence Oliver
LGW	Linlithgow Kayak Club	- Team Leader	Derek Marshall
LON	Longridge Canoe Club	- Team Leader	Joanna Barnicoat
MAI	Maidstone Canoe Club	- Team Leader	Leanne Brown
MPC	Metropolitan Police Canoe Club	- Team Leader	Steve Moule
NFC	Norway	- Team Leader	Hege Sheriff
NOR	Norwich Canoe Club	- Team Leader	Sally Rix
NOT	Nottingham Canoe Club	- Team Leader	Mick Nadal
NWK	4 A's Kayak Club	- Team Leader	Julie Gray
ORS	Olympic Racing Squad	- Team Leader	Alan Williams
PEN	Pennine Canoe Club	- Team Leader	Viv Kendrick
RAF	Royal Air Force	- Team Leader	David Duff
RDG	Reading Canoe Club	- Team Leader	Rebecca Jennings
RIC	Richmond Canoe Club	- Team Leader	Trevor Wetherall
RLS	Royal Leamington Spa	- Team Leader	Julie Lewis
ROY	Royal Canoe Club	- Team Leader	Phillip Beer
RUN	Runcorn Canoe Club	- Team Leader	Graham Illidge
SDS	Scottish Development	- Team Leader	Kristina Medovcikova
SLP	Salmon Leap Canoe Club	- Team Leader	Tom Egan
SOA	Soar Valley Canoe Club	- Team Leader	Neil Blackman
SOL	Solihill Canoe Club	- Team Leader	Stuart Edgar
SOU	Southampton Canoe Club	- Team Leader	Joseph Lo
SOW	Special Olympics Wales	- Team Leader	Andrew Beynon
TON	Tonbridge Canoe Club	- Team Leader	Clive Neale
TRE	Trentham Canoe Club	- Team Leader	Philippa Sunderland
WEY	Wey Kayak Club	- Team Leader	Michael Childerstone
WOK	Wokingham Canoe Club	- Team Leader	Sam Rippington
WOR	Worcester Canoe Club	- Team Leader	Jon Bird
WYC	Whitshire Youth Club	- Team Leader	Derek McKeever

**A big thank you to all competitors, to our clubs, coaches & parents, and staff of the National Water Sports Centre, Nottingham make this event possible. Feedback** - If you have any ideas or suggestions, please do not hesitate to make them known to any of the Officials. All comments will be considered.



BCU FLATWATER

**BCU Regatta Organiser** Peter Morley  
 17 Springfield Road, Guildford Surrey **GU1 4DW**  
 ☎ 01483 571996 [peter.c.morley@btinternet.com](mailto:peter.c.morley@btinternet.com)

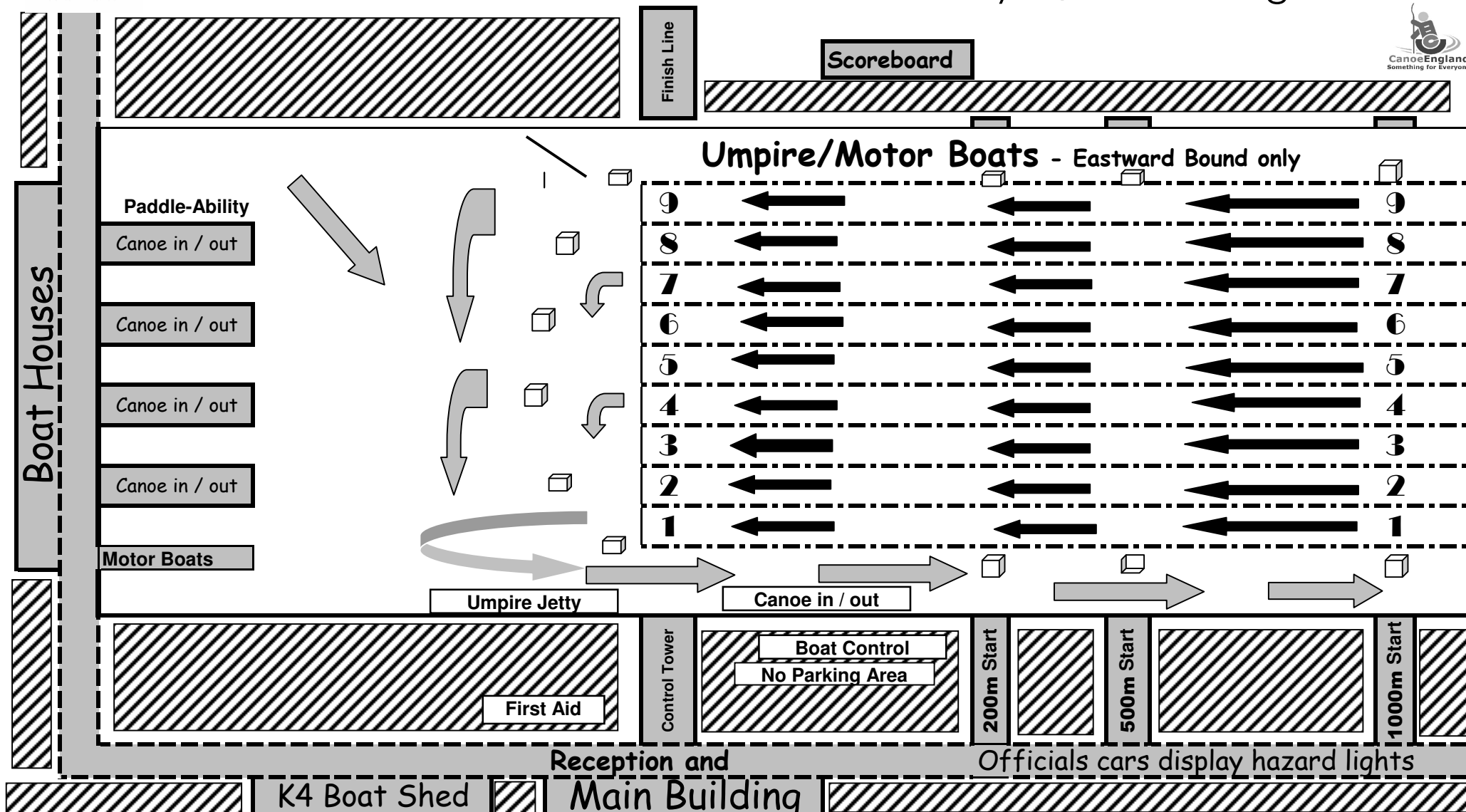


BCU FLATWATER



# National Water Sports Centre - Holme Pierrepont

## 2000metre Lake Circulation Plan for BCU Kayak/Canoe Regattas



**NWSC Course circulation pattern at BCU Regattas:** All paddlers/athletes proceeding to the start must do on the Tower side **OUTSIDE THE BUOYED LANES**. Competitors warming up, or launching from pontoons on the main building side of the course, must not cross the racing lanes at any point nor must they attempt to delay proceedings by approaching the start on the course. **NO LAUNCHING** what so ever from the Umpire/Presentation jetty. the area between the finish line and the 10km turn buoys at the boathouse end of the course must be kept clear. All craft launching should proceed to the (Tower side) Westbound of the course around the outside of the 10km turn,